

THE GOLDEN YEARS

The El Dorado Senior Center Monthly Newsletter



**210 EAST SECOND AVE.
EL DORADO, KS
67042**

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**OFFICE HOURS:
M/W/F: 9:00 A.M. - 5:00 P.M.
T/TH: 9:00 A.M. - 3:00 P.M.**

JUNE POTLUCK PARTY!

“El Dorado: A Rose by Any Other Name”
How the city of El Dorado was named is a commonly accepted story. However, how it was spelled, and pronounced, is an altogether different story.

Join local historian and filmmaker/multimedia journalist Deanna Bonn for a fascinating look at the golden roots of El Dorado, the spirited debates over its name, and the enduring legacy of a city shaped by language, legend, and a bit of clerical error

**Date: Monday, June 2nd
Time: 6:00 PM**

Main Course: Hamburgers & Hot Dogs
Guest: Deanna Bonn - Everyday El Dorado
Sponsor: Mark Somerville, In Memory of Beverly Somerville.

2025 BOARD & STAFF

**PRESIDENT: ROXANN COOL
VICE PRESIDENT: MARY MAYS
TREASURER: JUDY PARKS
SECRETARY: JANET SPENCER
MEMBER AT LARGE: SUZIE CAWTHORN
MEMBER AT LARGE: TERI BOWLIN
MEMBER AT LARGE: SUSAN JOHNSON
MEMBER AT LARGE: MARK SOMERVILLE
MEMBER AT LARGE: BARBARA HIGGINS**

**DIRECTOR - KRISTINA TRAINA
KITCHEN - JAMES SCOTT**

**FOLLOW US ON OUR NEW
FACEBOOK PAGE.
EL DORADO SENIOR CENTER**





HAPPY BIRTHDAY TO OUR WONDERFUL SENIORS!



Another year older, another year wiser! Let's celebrate the birthdays of all our amazing seniors. Whether you're celebrating a milestone or just another year of life, you deserve to feel special. Remember, age is just a number, and life is a journey to be enjoyed.

Deborah Adolph Espinosa
 Leota Albright
 Mary Bickley
 LaDonna Blomberg
 Harry Byers
 Kathy Clark
 Steve Cost
 Aaron Cruz
 Jo Cruz
 Julianne Day
 Sandy DeWitt
 Pat Duncan
 Donna Durflinger
 Ann Fankhauser
 Coralene Franklin

Arminda Gracia
 Mark Griffith
 Marlene Harvey
 Laverne Hosler
 Connie Langhofer
 James Lawrence
 Cynthia Leap
 Steve Love
 Fairie McCabe Doughty
 Kay Moore
 Dixie Newman
 Judy Nungesser
 Allen Ollek
 Nancy Reddinger
 Julia Riggle

Nelda Robinson
 Rose Rohr
 Sandy Ruiz
 Anne Sehie
 Steve Shaft
 Vicki Shepherd
 Edith Spencer
 Russ Stenseng
 Judie Storandt
 Angie Stotler
 DianneTravnicek
 Jewell Ward
 Mary Frances Wilks
 Joy Williams
 Norma Wilson

Why didn't cavemen send birthday cards?

The amount of postage needed to mail rocks got too expensive.

WELCOME TO THE CLUB!

We're thrilled to welcome our newest members to the El Dorado Senior Center! Every new face brings fresh stories, laughter, and the opportunity to make lifelong friends. Whether you're joining us for lunch, activities, or just great company, we're excited to have you in our vibrant community.

Check out the newest additions to our family below, and be sure to say hello when you see them around!

Nancy Byers	Mary Martha Good	Carol Nelson	Teresa Schlenz
Charles Davis	Susan Hanzlicek	Starla Poe	Regina Turner
Bill Garrison	Laura Head	Rita Richards	Rodney Moore
Kyle Good	Melody Hunt	Rose Rohr	

MONTHLY TIP: May - National Safety Month

Prioritize safety and staying cool during the warmer months. Focus on staying hydrated, avoiding strenuous activity during peak heat, and taking precautions to prevent heat-related illnesses. Additionally, remember to focus on social engagement and staying active, and ensure your home is safe and well-lit.

THE BUZZ

MAKE A SPLASH WITH THE GOLDEN DOLPHINS CLUB

We're diving into summer fun with our brand-new Golden Dolphins Club, a free, members-only swim time at the El Dorado Swimming Pool just for El Dorado Senior Center members!

Starting **Wednesday, June 4 through July 30**, the pool will be open exclusively for our group **every Wednesday evening** from **6:30 PM to 7:30 PM**. That's right, no kids, no crowds, just cool water and good company. Yay!

If you're interested, you **MUST** sign up in the office so we can give the city a head count and ensure proper staffing. Don't miss your chance to float, splash, or simply relax poolside with fellow members. Let's make this summer golden!

TEA PARTY FUNDRAISER

Join us for a charming afternoon on the North Side of the El Dorado Senior Center for our Ladies' Tea & Fashion Show: Wedding Dresses Through the Ages on **Friday, June 20th at 2:00 PM!**



Enjoy a delightful tea party with traditional tea foods, elegant décor, and a stunning display of wedding gowns from decades past. Bring your wedding memories, photos, dresses, or keepsakes, to share as we celebrate love and timeless fashion.

Dress to impress, there will be prizes for Best Hat and Best Dressed, so have fun with it!

This special event is open to the public, proudly sponsored by BRC, LLC and hosted in partnership with Great Beginnings Boutique and Enchanted Celebrations.

JUNE BAND NIGHT WITH DAVID HOLLAND & MIKE WATTERS

Mark your calendars for a toe-tappin' good time! Join us on **Friday, June 20th at 6:30 PM** as we welcome David Holland and Mike Watters for our next June Band Night.

David and Mike bring the fun with a great mix of country hits and easy rock 'n roll favorites, perfect for singing along, dancing, or just relaxing and enjoying the music. These two love what they do, and their energy is contagious!

We'll be serving up hot pizza, so all you need to do is bring a sweet treat to share. Come out for a fun evening of music, food, and community!

TAKE ME OUT TO THE BALLGAME – VIP NIGHT!

We're headed to the ballpark! The El Dorado Walnuts Baseball Team has graciously invited us to enjoy the game from their VIP area on **Tuesday, June 24th at 7:00 PM.**

This special seating area is ADA accessible, no stairs to climb, just a great view and a great time! If you'd like to join us, stop by the office to pick up your tickets.

Let's show our hometown team some love and cheer them on in comfort and style!

THE BUZZ



CENTER CLOSED FOR JUNETEENTH – THURSDAY, JUNE 19

The El Dorado Senior Center will be closed on **Thursday, June 19th** in observance of Juneteenth, a federal holiday commemorating the end of slavery in the United States.

We will reopen on Friday, June 20th with our regular schedule.

Thank you for your understanding as we honor this important day in our nation's history.

VETERANS RECOGNITION CORNER

We're excited to announce progress on our Veterans Recognition Corner, thanks to generous support from our community.

A \$5,000 grant from HF Sinclair will help us purchase new senior-friendly furniture, higher seating, easy to clean, and professional in appearance. The El Dorado Elks Lodge has contributed funds for paint, picture frames, and custom steel Military Branch logos. Walnut River Brewing Company also supported us with a 10% give-back fundraiser to help with remaining costs.



We hope to complete the space after new flooring is installed July 14–20. We're still collecting Veteran photos—please bring them to the office with the name, branch, and years of service. Kristina will copy and return originals.

Thank you for helping us honor our Veterans!

JOIN US FOR A SPECIAL VETERANS MEET & GREET

On **Thursday, July 3 at 9:00 AM**, members of the El Dorado Walnuts and the US Military WarDogs - McConnell Branch will be at the Center to help work on our Veterans Recognition Corner.

Following their efforts, we invite all Veterans and community members to a Meet & Greet at **11:00 AM** on the south side of the building.

This is a wonderful opportunity to show appreciation, share stories, and connect with those who continue to serve our community and honor our Veterans. We hope you'll join us!-

TEMPORARY LOCATION CHANGE – JULY 14–20

The south side of the Center will be closed the week of **July 14–20** as we begin an exciting flooring update. All carpet and flooring will be removed and replaced with new slip-resistant flooring to improve safety and comfort for our members.

During this time, all activities and programs will be relocated to the north side of the building. We will continue to serve lunches and operate as usual, just from a different space.

We appreciate your patience and flexibility as we make these important improvements. Please help spread the word and remind your friends of this change.

LUNCH 'N LEARN SERIES



FOOTCARE IN YOUR HOME

Join us as we feature Cheryl Rosine and Ben Jones, as they present "Footcare in Your Home" on **Tuesday, June 3rd at 11:45 AM.**

Cheryl and Ben will provide a brief and informative overview of the footcare services they offer, designed to help older adults maintain comfort, mobility, and overall wellness right from the comfort of their homes. This session will give attendees the opportunity to ask questions and share their interest in potential on-site or in-home services.

Whether you're curious about routine footcare or have specific needs, this is a great chance to learn more and see if these services could benefit you or someone you care about.

MEDICATION SYNCHRONIZATION & PACKAGING

We're excited to welcome El Dorado True Care Pharmacy on **Friday, June 6th at 11:45 AM.**



Representatives from True Care will share helpful information about medication synchronization, a service that helps align all your prescriptions to be filled on the same day, and packaging options that make it easier and safer to manage your daily medications. They'll also touch on the proper disposal of old or unused medications, an important step in keeping your home safe and organized.

This informative session is a great opportunity to ask questions, explore services that could simplify your routine, and connect with a trusted local pharmacy. Join us for lunch and stay for a valuable discussion!

PLANNING AHEAD WITH HERITAGE FUNERAL HOME

Join us on **Tuesday, June 10th at 11:45 AM** as we welcome Shawn Snyder with Heritage Funeral Home.



Shawn will lead a thoughtful and informative conversation about funeral planning, including pre-need arrangements, understanding funeral expenses, and the benefits of planning ahead. Whether you're looking to ease the burden on loved ones or simply want to ensure your wishes are honored, this is a great opportunity to learn more in a relaxed, supportive environment.

We invite you to enjoy lunch with us and take advantage of this valuable discussion on a topic that brings peace of mind to many.

A LEGACY REMEMBERED: EL DORADO'S BLACK HERITAGE


We are honored to welcome Sonja Milbourn on **Friday, June 13th at 11:45 AM** for a special Lunch 'n Learn presentation on El Dorado's Black Heritage.

Sonja will share stories, history, and insights that highlight the rich contributions of Black individuals and families to the El Dorado community. This engaging presentation offers a meaningful look into our local history and the people who have helped shape it.

Join us for lunch and an inspiring journey through El Dorado's past with one of our very own community storytellers.


LUNCH 'N LEARN SERIES

LET'S TALK INSURANCE

We're excited to welcome back Faith and Mark to the Senior Center on **Tuesday, June 17th at 11:45 AM** for an informative and engaging session all about car, home, and rental insurance. Whether you're reviewing your current coverage or just curious about what's out there, they'll break it down in simple, easy-to-understand terms. 

This is your chance to ask questions, get clear answers, and maybe even learn a few money-saving tips! Faith and Mark are passionate about helping people feel confident and protected, and they're here to help us do just that.

CLEAR CONVERSATIONS WITH CAPTIONCALL

Friday, June 20th at 11:45 AM we welcome Dawid Strydom with CaptionCall. 

CaptionCall is a captioned landline telephone service provided by Sorenson Communications. It's designed to help individuals with hearing loss stay connected by providing real-time captions of phone conversations. Using a combination of voice recognition technology and captioning agents, the service displays easy-to-read captions on a large screen, making conversations more accessible and less stressful.

LUNCH & LYRICS WITH SHOFAR MINISTRIES

Get ready for a joyful and uplifting afternoon on **Tuesday, June 24th at 11:45 AM**. We're excited to welcome Steve and Linda Marshall of Shofar Ministries for a special Lunch & Lyrics event.

Enjoy a delicious meal while tapping your toes to inspiring gospel music that's sure to lift your spirits and brighten your day. Steve and Linda's heartfelt songs and message will leave you smiling and humming all afternoon.

Bring a friend, grab a seat, and join us for great music you won't want to miss!

LUNCH & LYRICS: BRIAN MARTLING

Join us on **Friday, June 27 at 11:45 A** for a special performance featuring the heartfelt voice of Brian Martling! Brian has recently discovered his passion for singing and is excited to share his love of music with us through "Songs of Praise", a beautiful blend of uplifting and inspirational favorites.

Come enjoy good company, and a meaningful musical experience. Brian's enthusiasm is contagious, and his performance is sure to lift your spirits!

SHOW YOUR PATRIOTISM - FUNDRAISER

We're making one final push to complete our Veterans Tribute Corner, and we need your help to cross the finish line! Beginning **June 25th**, we'll be selling American flags for just **\$5** each to display proudly in our yard during the week of Fourth of July.

Each flag can include the name of a loved one you wish to honor, whether a Veteran, current service member, or someone who simply loved their country.

This is a wonderful way to decorate our building with pride, celebrate our nation's independence, and honor those who have served.

Flags can be purchased in the office. Thank you for your support in helping us complete this meaningful tribute!

THE BUZZ



BOARD MEETING HIGHLIGHTS: TRANSPARENCY FOR OUR MEMBERS

June 2025 Board Meeting Highlights

Treasurer's Report:

- Beginning Balance: \$18,779.80
- April Income: \$19,356.14
- Expenses: \$10,138.35
- The County deposited mill levy funds of \$13,947.50.
- Ending Balance: \$74,562.01

Director's Report:

- New Members: 14 (5 returning)
- Total Members: 404

Old Business:

- Flooring Bid - It was voted and approved to have JCG Enterprises remove, repair and install new slip resistance flooring on the south side of the building.
- Kitchen Budget - It was voted and approved to have a weekly set budget for the lunch program.
- Committees: Fundraising, Events, and Decorating committee updates:
 - Wedding Dress Tea - June 20th. Charge \$15 for ESC Members and \$20 for non-members for the event.

New Business:

- City Budget - Director reviewed and edited the 2026 Annual budget with the committee. It was voted and approved by the board.
- Financial Policy - The Director stated that there is currently no Financial Policy and is requesting that one be put in place to protect the board and the Senior Center. It was voted and approved to have the the Director contact the City of El Dorado requesting assistance on a Financial Policy, Review of By-Laws, Current Policies & Procedures Manual and input on other current issues.

New Programs:

- Baseball with the Walnuts - June 24th 7PM- Free for all ESC Members. Will need to sign up in the office.

Upcoming Events:

- Potluck Dinner - June 2
 - Main Course: Hamburgers & Hot Dogs
 - Guest Speaker: Deanna Bonn with Everyday El Dorado - "El Dorado: A Rose by any Other Name"
 - Sponsor: Mark Somerville, in Memory of Beverly Somerville

Miscellaneous:

- Speakers for upcoming Lunch 'N Learns
- City Budget Due June 6th, (2026)

Thank you for supporting the El Dorado Senior Center! Volunteers and donations help keep our programs running smoothly. Let's continue making our center a great place for our community!

JUNE LUNCH MENU

MONDAY - FRIDAY



11:30 A.M.

\$5 SUGGESTED DONATION

PICK-UP MEALS AVAILABLE!

**Menu Subject to Change Without Notice*

Tired of the same old lunch?
Join us for fresh, homemade
meals made with love!
Call (316) 321-0142 to place
your order at least one day
in advance.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p>  <p>Spaghetti</p>	<p>3</p> <p>Angel Chicken Pasta Apple Broccoli Salad</p>	<p>4</p> <p>Beef Tips & Noodles Chick Pea Salad</p>	<p>5</p> <p>Hamburgers French Fries</p>	<p>6</p> <p>Creamy Mushroom & Ground Beef Bake</p>
<p>9</p> <p>Turkey & Swiss Sandwich Potato Salad</p>	<p>10</p> <p>Chicken Enchilada Bake Taco Salad</p>	<p>11</p> <p>Meat Loaf Baked Potato</p>	<p>12</p> <p>Frito Chili Pie</p>	<p>13</p> <p>Fried Chicken</p>
<p>16</p> <p>MONTERREY FUNDRAISER 11:30 A.M \$8</p>	<p>17</p> <p>Baked Chicken Candied Carrots</p>	<p>18</p> <p>BBQ Pork Sandwich Mac 'N Cheese</p>	<p>19</p>  <p>CLOSED</p>	<p>20</p> <p>Grilled Roast Beef Sandwich Orzo Greek Salad</p>
<p>23</p> <p>Green Enchilada Casserole Spanish Rice</p>	<p>24</p> <p>Chicken Salad Sandwich Cucumber Salad</p>	<p>25</p> <p>Club Sandwich Blue Haired Salad</p>	<p>26</p> <p>Crispy Chicken Salad Beets</p>	<p>27</p> <p>Gourmet Grilled Cheese Sandwich Fresh Green Salad</p>
<p>30</p> <p>Creamy Ground Beef Pasta Caesar Salad Garlic Bread</p>	<p>ALL MEALS SERVED WITH DESSERT.</p>			



REMINDER! POTLUCK IS JUNE 2ND AT 6 PM



JUNE ACTIVITES CALENDAR

Let's Get Social!!

Check out this month's lineup of fun and friendship! From exciting events to everyday favorites, there's something for everyone!



Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>Coffee - 9 A Walking - 9 A Aerobics - 10 A Lunch - 11:30 A Mexican Train - 12:30 P Open Games - 2 P Potluck - 6 P</p>	<p>3</p> <p>Coffee - 9 A Bible Study - 10 A Lunch - 11:30 A Lunch 'N Learn - 11:45 A Bingo - 12:30 P Open Games - 2 P</p>	<p>4</p> <p>Coffee - 9 A Drawing Class - 9:15 A Back to Balance - 10 A Yoga - 10:45 A Lunch - 11:30 A Prairie Port SNRS - 11:30 A Hand & Foot - 12:30 P Open Games - 2 P Swimming - 6:30 P</p>	<p>5</p> <p>Coffee - 9 A Tai-Chi - 9:30 A Lunch - 11:30 A Mexican Train - 12:30 P Pitch - 12:30 P Open Games - 2 P</p>	<p>6</p> <p>Coffee - 9 A Walking - 9 A Cornhole - 9:30 A Aerobics - 10 A Lunch - 11:30 A Lunch 'N Learn - 11:45 A Hand & Foot - 12:30 P Open Games - 2 P</p>
<p>9</p> <p>Coffee - 9 A Walking - 9 A Craft Club - 9:30 A Aerobics - 10 A Lunch - 11:30 A Mexican Train - 12:30 P Open Games - 2 P</p>	<p>10</p> <p>Coffee - 9 A Bible Study - 10 A Lunch - 11:30 A Lunch 'N Learn 11:45 A BP Checks - 11:30 A Bingo - 12:30 P Open Games - 2 P</p>	<p>11</p> <p>Coffee - 9 A Drawing Class - 9:15 A Back to Balance - 10 A Cancer Support - 10:30 A Yoga - 10:45 A Lunch - 11:30 A Prairie Port SNRS - 11:30 A Hand & Foot - 12:30 P Open Games - 2 P Swimming - 6:30 P</p>	<p>12</p> <p>Coffee - 9 A Tai-Chi - 9:30 A Tech Time - 10:30 A Lunch - 11:30 A Mexican Train - 12:30 P Pitch - 12:30 P Open Games - 2 P</p>	<p>13</p> <p>Coffee - 9 A Cornhole - 9:30 A Aerobics - 10 A Lunch - 11:30 A Lunch 'N Learn - 11:45 A Hand & Foot - 12:30 P Open Games - 2 P</p>
<p>16</p> <p>Coffee - 9 A Walking - 9 A Craft Club - 9:30 A Aerobics - 10 A Lunch - 11:30 A Mexican Train - 12:30 P Open Games - 2 P ALZ/Dementia - 5:30 P</p>	<p>17</p> <p>Coffee - 9 A Bible Study - 10 A Lunch - 11:30 A Lunch 'N Learn - 11:45 A Bingo - 12:30 P Open Games - 2 P</p>	<p>18</p> <p>Coffee - 9 A Drawing Class - 9:15 A Back to Balance - 10 A Yoga - 10:45 A Lunch - 11:30 A Prairie Port SNRS - 11:30 A Hand & Foot - 12:30 P Open Games - 2 P Swimming - 6:30 P</p>	<p>19</p> <p>CLOSED</p>	<p>20</p> <p>Coffee - 9 A Walking - 9 A Cornhole - 9:30 A Aerobics - 10 A Lunch - 11:30 A Lunch 'N Learn - 11:45 A Hand & Foot - 12:30 P Open Games - 2 P Tea Party - 2 P Dance - 6 P</p>
<p>23</p> <p>Coffee - 9 A Walking - 9 A Aerobics - 10 A Lunch - 11:30 A Mexican Train - 12:30 P Open Games - 2 P</p>	<p>24</p> <p>Coffee - 9 A Bible Study - 10 A Lunch - 11:30 A Lunch 'N Lyrics - 11:45 A Bingo w/ Ben - 12:30 P Open Games - 2 P Walnuts Game - 7 P</p>	<p>25</p> <p>Coffee - 9 A Drawing Class - 9:15 A Back to Balance - 10 A Yoga - 10:45 A Lunch - 11:30 A Prairie Port SNRS - 11:30 A Hand & Foot - 12:30 P Open Games - 2 P Swimming - 6:30 P</p>	<p>26</p> <p>Coffee - 9 A Tai-Chi - 9:30 A Lunch - 11:30 A Mexican Train - 12:30 P Pitch - 12:30 P Open Games - 2 P</p>	<p>27</p> <p>Coffee - 9 A Walking - 9 A Cornhole - 9:30 A Aerobics - 10 A Lunch - 11:30 A Lunch 'N Lyrics - 11:45 A Hand & Foot - 12:30 P Open Games - 2 P</p>
<p>30</p> <p>Coffee - 9 A Walking - 9 A Aerobics - 10 A Lunch - 11:30 A Mexican Train - 12:30 P Open Games - 2 P</p>				

KNOWLEDGE NUGGETS



- June 1st, 1905: Ford Motor Company launched its game-changing Model T automobile on this day, revolutionizing transportation and the automotive industry.
- On June 4, 1975, the popular film "Jaws" premiered in theaters, becoming an instant classic and establishing a new genre of thriller movies.
- On June 7, 1955, the children's show "The Mickey Mouse Club" was launched. The show featured a cast of talented children known as the "Mouseketeers" who entertained audiences with clever skits, songs, and dance routines.
- "The Bob Newhart Show," a popular American sitcom of the 1970s, celebrated its television debut on June 10, 1972.
- In the United States, June 14th is Flag Day, which commemorates the adoption of the flag of the United States on this day in 1777 by resolution of the Second Continental Congress.
- On June 14, 1954, President Eisenhower signed a bill, adding the words "Under God" to the pledge of allegiance, strengthening the sentiment of American patriotism.
- On June 22, 1945, the Battle of Okinawa ended during World War II. This was one of the fiercest battles in the Pacific, with heavy casualties on both sides. While not a topic of war, it is important to remember the significance of this date for the history and human resilience.

BRADFORD MEMORIAL LIBRARY SERVICES



LARGE PRINT BOOKS

The Bradford Memorial Library brings in large print books for our members to check out. These books are kept in the office and are swapped out monthly, so there's always something new to read!

Can't Get Out of the House?

No problem! Butler County Library Outreach delivers books right to your door. If you're interested in receiving this service or know someone who would benefit, call Outreach at 316-321-3363 or email services@bradfordlibrary.info.

Issues with Your Eyesight?



El Dorado Senior Center presents TALKING BOOKS! This service, provided by the Library of Congress, National Library Service, and Kansas State Library, makes it possible for those with low vision or physical limitations to enjoy thousands of books and magazines for free!

Access Books Easily



- Use your phone, tablet, or computer to download audiobooks.
- Order books in braille.
- Get a FREE player to use at home with audiobooks mailed directly to you.

For more information or to start using Talking Books, call the ESC office at 316-321-0142 today!

SENIOR RESOURCES

THRIVE – SERVICES ENDING AUGUST 25, 2025

We are grateful to have hosted Thrive at the Center, offering assistance with navigating online resources and completing forms for important benefits like Social Security, Medicare, the Healthcare Marketplace, Medicaid, food assistance, disability, LIEAP, and more.



Additionally, Presumptive Eligibility Specialist services have been available through Thrive to help children, parents, and pregnant individuals get immediate Medicaid coverage when eligible – a valuable resource for many of our community members and their families.

However, due to federal funding cuts, Thrive’s services at the Senior Center **will be ending August 25, 2025**. If you need assistance, please make an appointment before this date so we can ensure you get the support you need.

Andrea Campbell – 785-230-8809 | andrea@thriveallencounty.org
 Heather Patterson – 316-737-8170 | heather@thriveallencounty.org

We're here to help while we can – please don't wait until the last minute to reach out!

PREVENTING ELDER ABUSE

Elder abuse, neglect, and exploitation are serious issues that can affect anyone. It's crucial to address them promptly and compassionately.

If you or someone you know is experiencing any form of abuse, please reach out for help. Contact the Butler County Prevention of Elder Abuse at 1-800-279-3655 or 316-322-4254. Your call will be confidential, and support is available.

FOOT CARE CLINIC BY HERMES HEALTHCARE



Hermes HealthCare offers a convenient Foot Care Clinic right here at the senior center! To schedule an appointment for a pedicure, please call 316-260-4110. These services are covered by Medicare.

DATES:

- July 11**
- July 25**
- September 12**
- September 26**
- November 14**

COMMODITIES DISTRIBUTION

We are pleased to announce the upcoming Commodities Distribution!

Distribution will take place on the **North Side** from **1 PM - 2 PM** on the following dates in 2025:

- | | | |
|---------------------|----------------|--------------------|
| July 9 | June 11 | August 13 |
| September 10 | | October 8 |
| November 12 | | December 10 |

To submit an application for the Supplemental Food Program, please call the United Methodist Open Door Program office at (316) 267-0511.

Please pick up your commodities on the date to avoid any inconvenience. Timely pickup is crucial to ensure everyone receives their items smoothly.

SENIOR SUPPORT GROUPS

CANCER SUPPORT GROUP



At the Center, we believe in the power of community and the strength that comes from supporting one another. That's why we're starting a Cancer Support Group – a space where individuals can come together to connect, share, and support one another through all stages of the cancer journey.

Whether you are currently undergoing treatment, are a survivor, or are supporting a loved one, you are welcome. You are not alone.

- **2nd Wednesdays of each month**
- **From 10:30 AM to 11:30 AM in the Craft Room**

This group offers a safe and supportive environment to talk openly, exchange helpful resources, and build lasting connections.

There's no need to register – just come as you are.

If you have any questions, feel free to call us at (316) 321-0142.

GRIEF SUPPORT GROUP

If you're seeking comfort and support through grief, join the Heartfelt Grief Support Group at Family Worship Center, 701 S. Atchison, El Dorado.

Meetings are held on the 2nd and 4th Tuesdays of each month from 6:30 to 7:30 PM. Please use the NW parking lot and entrance.



EL DORADO ALZHEIMER'S SUPPORT GROUP



Presented By: Alzheimer's Association
Central & Western, KS

Who Joins a Support Group?

People of all ages and backgrounds join support groups. They seek support, knowledge about the disease, and ways to help each other with Alzheimer's challenges.

Why Join a Support Group?

Support groups are vital for both caregivers and patients. They provide education on managing Alzheimer/Dementia care, reducing stress, and improving the well-being of everyone involved. Research shows that support groups help caregivers cope better and keep patients living at home longer. Contrary to belief, groups are uplifting and a great place to find both support and laughter.

JOIN US!

3rd Monday Each Month
5:30 PM
El Dorado Senior Center
210 East 2nd
El Dorado, KS 67042

QUESTIONS?

Roxann Cool
roxann_cool@hotmail.com
or call the ESC
316-321-0142

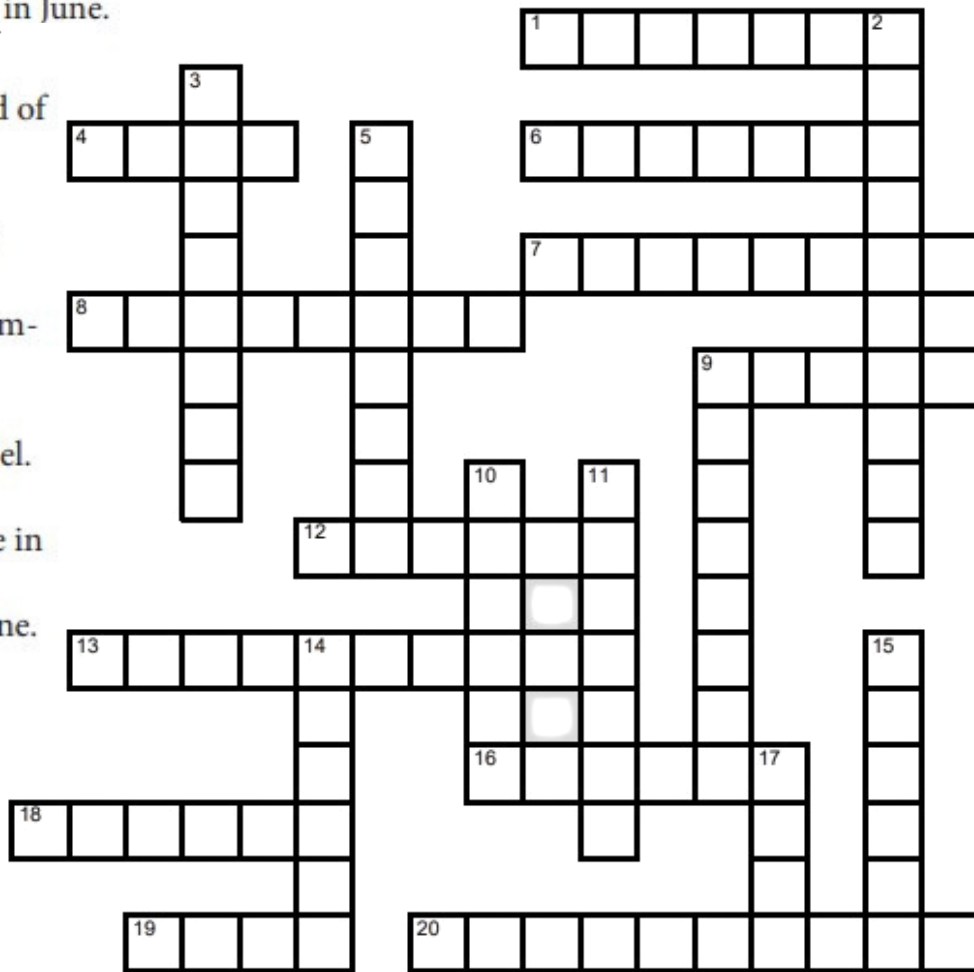
ACROSS

1. Marriage ceremony.
4. Celebrated on June 14th in the US: ___ Day.
6. Certificate presented at a graduation ceremony.
7. Cook outdoors on a grill.
8. Opposite of indoors.
9. June is the ___ month of the year.
12. Astrological sign for the start of June (twins).
13. Celebrated on June 19th to commemorate the ending of slavery.
16. Astrological sign for the end of June (crab).
18. He is celebrated on the third Sunday in June.
19. June 6th, 1944.
20. Red berry that is in season in June.



DOWN

2. Ceremony marking the end of the school year.
3. Time off from school.
5. Drink made from a yellow citrus fruit and sugar.
9. Longest day of the year: Summer ___.
10. Meal eaten outdoors.
11. Sport using a rod and a reel.
14. Number of days in June.
15. Season that begins in June in the Northern Hemisphere.
17. Birth month flower for June.



- | | |
|------------|------------|
| Barbecue | Outdoors |
| Cancer | Picnic |
| D-Day | Rose |
| Diploma | Sixth |
| Father | Solstice |
| Fishing | Strawberry |
| Flag | Summer |
| Gemini | Thirty |
| Graduation | Vacation |
| Juneteenth | Wedding |
| Lemonade | |



DIRECTIONS: Find and circle the vocabulary words in the grid. Look for them in all directions including backwards and diagonally.

E	S	U	T	W	B	W	O	V	A	R	M	F	L	A	G	D	A	Y
C	D	S	U	J	E	G	U	M	U	E	A	E	N	Z	D	L	U	C
I	N	R	X	C	S	D	T	A	K	M	L	U	O	F	I	M	A	H
T	E	O	E	N	C	C	D	E	O	M	M	R	W	Q	H	X	L	T
S	P	C	I	Y	V	R	O	I	N	U	H	Y	H	W	U	S	E	N
L	X	C	Z	T	C	N	O	I	N	S	Y	V	C	P	E	I	X	E
O	E	G	M	N	A	E	R	L	D	G	S	S	H	B	K	V	A	E
S	D	E	S	L	Q	C	S	Y	A	D	Y	T	R	I	H	T	N	T
X	A	M	B	N	P	Y	A	D	S	R	E	H	T	A	F	Q	D	E
C	N	I	P	K	Z	O	M	V	Y	G	J	N	A	Y	G	U	R	N
H	O	N	E	Y	S	U	C	K	L	E	P	O	E	E	C	O	I	U
Q	M	I	L	O	N	G	E	S	T	D	A	Y	W	D	T	W	T	J
G	E	A	A	A	T	K	B	A	R	B	E	C	U	E	R	W	E	L
D	L	Z	J	P	A	M	O	L	P	I	D	U	N	D	C	A	N	E
V	Q	R	E	M	J	P	I	C	N	I	C	U	M	U	D	W	G	T
X	I	A	O	W	K	U	L	T	M	Z	H	F	P	X	R	A	K	T
N	R	H	D	S	E	W	N	O	I	T	A	U	D	A	R	G	Y	M
L	X	K	O	C	E	L	F	E	N	K	I	E	H	P	X	E	F	K
X	S	T	R	A	W	B	E	R	R	Y	C	D	N	S	B	K	A	W

ALEXANDRITE

GARDEN

LEMONADE

SOLSTICE

BARBECUE

GEMINI

LONGEST DAY

STRAWBERRY

D-DAY

GRADUATION

OUTDOORS

SUMMER

DIPLOMA

HONEYSUCKLE

PEARL

THIRTY DAYS

FATHER'S DAY

JUNE

PICNIC

VACATION

FLAG DAY

JUNETEENTH

ROSE

WEDDING

LEADERSHIP LENS: A NOTE FROM THE DIRECTOR

June is here, and what a wonderfully busy month we have ahead! I might've packed the calendar a little full... but hey, I just didn't want you to be bored! There's always something happening at the Center, and I hope every activity brings you joy, connection, and maybe a little adventure.



June is National Safety Month, and with the heat of summer settling in, it's a good time to remind ourselves to take precautions to prevent heat-related illness. Drink your water, wear a hat, and stay cool!

Speaking of summer, yay! It's finally here! Or as I like to call it... my birth month (cue confetti and cake!). June also brings Father's Day, a time to celebrate the incredible men who've shaped our lives. To all the fathers and father figures out there, I hope you feel appreciated and honored for the wisdom, strength, and love you bring to your families.

On a personal note, watching my husband grow into the role of "Dad" has been such a gift. I truly believe our kids are the luckiest in the world, but don't ask them, they'll never admit it! Watching my children navigate life, making big decisions, playing games, helping (and testing) each other, has been a beautiful rollercoaster. It reminds me a lot of life here at the Center.

Much like family, we grow together. We learn, we stumble, we share laughter and the occasional sharp word. But most importantly, we give each other grace. We show up with compassion, and we take the time to teach and support one another. Whether you're 8 or 88, we're all still making those "big kid decisions."

So thank you, from the bottom of my heart, for the grace you show me and others, daily. For cheering me on, for being patient when I fumble, and for reminding me why I love this job so much.

Now, buckle up and start the count down, because the Rock Band is coming in August, and you know it's going to be loud, fun, and totally unforgettable!

Your Director ❤️

See you at the center!