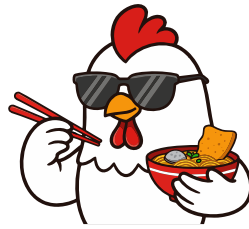


THE GOLDEN YEARS

The El Dorado Senior Center Monthly Newsletter



OCTOBER POTLUCK PARTY!

Get ready, it's going to be a night you won't want to miss! The El Dorado Fire Department will be here, and you know they always bring the heat (and the fun!).

On top of great food and fellowship, we'll have a 50/50 and the quilt raffle! Don't forget, you still have until October 6th to snag your quilt raffle tickets for just \$5. This gorgeous quilt could be yours!

To keep our potlucks tasty and exciting, we're switching up what you bring each month. That way, we get a table full of variety and plenty of delicious surprises.

Come hungry, leave happy, and enjoy a fun evening of food, friends, and a little firehouse flair!

- A-F: Bring a Hot Dish
- G-L: Bring a Cold Dish
- M-R: Bring a Dessert
- S-Z: Bring a Fruit or Veggie Dish

Date: Monday, October, 6th
Time: 6:00 PM

Main Course: Chicken & Noodles, Mashed Potatoes

Guest: El Dorado Fire Department

Sponsor: Farmer's Insurance - Mills Agency



**210 EAST SECOND AVE.
EL DORADO, KS
67042**

**PH: 316-321-0142
FX: 316-321-1525**

KTRAINA@ELDOKS.GOV

**OFFICE HOURS:
M/W/F: 9:00 A.M. - 5:00 P.M.
T/TH: 9:00 A.M. - 3:00 P.M.**

2025 BOARD & STAFF

PRESIDENT: ROXANN COOL
VICE PRESIDENT: MARY MAYS
TREASURER: OPEN
SECRETARY: JANET SPENCER
MEMBER AT LARGE: SUZIE CAWTHORN
MEMBER AT LARGE: TERI BOWLIN
MEMBER AT LARGE: SUSAN JOHNSON
MEMBER AT LARGE: MARK SOMERVILLE
MEMBER AT LARGE: BARBARA HIGGINS

**DIRECTOR - KRISTINA TRAINA
KITCHEN - JAMES SCOTT**

**FOLLOW US ON OUR NEW
FACEBOOK PAGE.
EL DORADO SENIOR CENTER**





HAPPY BIRTHDAY TO OUR WONDERFUL SENIORS!



Another year older, another year wiser! Let's celebrate the birthdays of all our amazing seniors. Whether you're celebrating a milestone or just another year of life, you deserve to feel special. Remember, age is just a number, and life is a journey to be enjoyed.

Dick Albright
 Kathy Anderson
 Nancy Barnett
 Cindy Beard
 Bret Bennett
 Ron Bowlin
 Marilyn Brown
 Wanda Butterfield
 Frankie Cabrales
 Jon Casteel
 Peggy Christy
 Brenda Cook
 Joseph Cook
 Brad Cool
 Lewie Cooper
 Dana Duncan
 Iretha Flaming
 Ronnie Folden

Don Greenlee
 Nancy Green
 Carol Hall
 Ken Harvey
 Hope Helferich
 Malia Hodgens
 Tracy Holt
 Leslie Ingalls
 George Janney
 Terry Jordan
 Kent Kallenberger
 Jorene Kelley
 Joy Kendall
 Susan King
 Jan Koontz
 Bonnie Madsen
 Karol McClaren
 Sue Meyers

Lonnie Nave
 Rex Newsom
 Jimmie Nimmo
 D'Elda Nuessen
 Daniel Paye
 Tom Peterie
 Sue Porter
 Kay Reekie
 Juanit Rousey
 Iris Schlabach
 Donald Shepherd
 Ada Soyez
 Robin Stevens
 Sue Thomas
 Dennis Voyles
 Donna Wilkinson
 Mary Arterburn

“By the time you’re 80 years old you’ve learned everything. You only have to remember it.” George Burns

WELCOME TO THE CLUB!

We're thrilled to welcome our newest members to the El Dorado Senior Center! Every new face brings fresh stories, laughter, and the opportunity to make lifelong friends. Whether you're joining us for lunch, activities, or just great company, we're excited to have you in our vibrant community.

Check out the newest additions to our family below, and be sure to say hello when you see them around!

Janet Schuldt	Daniel Paye	Marcia Callaway	John Evers
Kathy Lampson	Darlene Taylor	Mark Poe	Kathryn Evers
Rex Lampson	David Cope	Mary Arterburn	Kerri Larkin
Rhoda Cummings	Dawn Klein	Ramon Pratt	Christy Bradshaw
Victor DeVor	Gregg Walls	Ric Maerz	Karen Foreman
Billy Fanska	Harvey Hofstetter	Robert McRee	Sondra Storrer
David Pyle	James Orman	Stephanie Fanska	Laura Devinney
Bob Baines	Julie Hokr	Stephanie Reed	Bernadette
Linda Baines	Lance Alexander	Todd Reed	Gordanier
Charlotte Lea	Lisa Reed	Virginia Cope	Diane Reeves
Connie Allmond	Debi LaForge	Jim Gordanier	Don Wedel

MONTHLY TIP: October - Enjoy the Weather!

Enjoy a daily fall walk! The cool air, autumn colors, and sunshine lift your mood while keeping your heart and joints strong.

THE BUZZ

HOLIDAY BINGO FOOD DRIVE

We're gearing up for one of the most festive events of the year, our Annual Holiday Bingo Fundraiser on **Saturday, December 13th** (time TBD), and we need your help to make it extra special! We're collecting non-perishable food items like canned vegetables, cake mix, frosting, brownie mix, and other goodies you'd want on a Christmas dinner table. These items will be bundled into prize packages that make Bingo night a holiday hit!

Your donations, and the funds raised at this event, directly support the Center, helping us continue to provide meals, programs, and activities that keep our community thriving. Cash donations are also welcome and go a long way in making this fundraiser a success.

Bring your items to the office and be part of spreading holiday cheer while strengthening the Center we all love!



SPOOK-TACULAR HALLOWEEN PARTY AT THE CENTER! 🎃

Get ready for a frightfully fun day at the Center on **Friday, October 31st!** We've got a full lineup of Halloween fun for all our members, and you won't want to miss it.

- Lunch will be served at **11:30 AM** (carry-outs still available).
- Starting at **noon**, enjoy fun games, guess jars, and a photo booth to capture your best spooky smiles.

At **1:00 PM**, join our Costume Contest with prizes for Best Group, Funniest, and Scariest costumes.

Plus, a special guest will be on hand to read fortunes, who knows what spooky surprises your future holds?

This Halloween bash will be full of laughter, treats, and maybe even a few tricks! Mark your calendars, bring your costumes, and get ready to celebrate with your Center family.

VETERANS RECOGNITION CORNER OPEN HOUSE

It's time to celebrate the hard work and dedication that went into creating our Veterans Recognition Corner here at the Center! Join us for a special Open House on **Monday, November 10th at 10:00 AM.**

This event is our opportunity to:

- ✦ Thank those who made this tribute possible
- ✦ Honor the memory of those we have lost
- ✦ Recognize and celebrate the Veterans who are still with us today

We invite you to share this event with your friends, neighbors, and family, it's open to the entire community. Let's come together to show El Dorado the deep pride we have in our Veterans and in this meaningful project.

Mark your calendars and help us make this a heartfelt celebration of service, sacrifice, and community spirit.

VETERANS TREE AT THE CENTER

Help us honor our heroes in a special way! After Halloween, we'll be setting up a Veterans Tree decorated with American Flags, each available for just \$5. You can have a Veteran's name labeled on your flag, and all proceeds will support our Veterans Recognition Corner. The tree will be on display through Veterans Day. Thank you for helping us show our pride and gratitude!

THE BUZZ

T-SHIRT BAR WITH AMY K

Amy missed us so much, she just had to plan another creative event! Join us on **Monday, October 13th at 1:00 PM** on the north side for a fun fall t-shirt iron-on workshop.

Sign up with your t-shirt size and **\$5**, spots are limited, so be sure to sign up in advance! Get ready to make a cozy, festive shirt, no paint required! Bring your creativity (and a friend!) for a fun, relaxed afternoon.

WHO'S IN YOUR FAMILY TREE? GENEALOGY CLASS WITH JANET SCHULDT

Ever wonder who you're related to, why you act the way you do, or if you share roots with someone famous, or maybe even someone right here at the Center?

Join Janet Schuldt on **Thursday, October 16th at 1:00 PM** for a fun and fascinating Genealogy Class! Seating is limited, so be sure to sign up in the office. Come dig into your family tree, no shovels required!

LIVE BAND & DANCE NIGHT!

Mark your calendars for **Friday, October 17th from 6:30–8:30 PM!** Join us for a lively evening of live music and dancing with special guests David Holland and Mike Waters.

This month's theme is "**Pizza & Costume Contest!**"

Come dressed up for a chance to win prizes for the best costumes. The Center will provide pizza, and you're welcome to bring a covered dish to share if you'd like.

Admission is just **\$5**, and this event is open to the public. Grab your friends, put on your favorite costume, and get ready for a night of music, fun, dancing, and fellowship!



CPR & FIRST AID CLASS - LIMITED SPOTS!

Want to be a hero in an emergency? Join Stuart Funk from Butler County EMS for a CPR and First Aid class on **Monday, October 20th at 1:00 PM**. Learn essential skills that could make a real difference!

Class size is limited to 10, so it's first come, first served. Sign up in the office to reserve your spot and get ready to learn life-saving techniques in a friendly, hands-on session.

MONTERREY MADNESS FUNDRAISER!

We're bringing back the crowd favorite, Monterrey's, on **Wednesday, October 22nd!** For just **\$8**, you can enjoy a delicious meal while supporting the Senior Center. This fundraiser is always a hit, so be sure to mark your calendar and come hungry! As always, please make sure you RSVP in the kitchen, office or simply by calling 316-321-0142.



THANK YOU TO ALL THAT HAVE DONATED VEGATABLES TO THE CENTER! WE HAVE BEEN BLESSED!



LUNCH 'N LEARN SERIES

JEFF CHRISTENSEN FROM EDWARD JONES

On **Tuesday, October 7th at 11:45 AM** for a Lunch 'n Learn that's as informative as it is enjoyable! Jeff Christensen from Edward Jones will share his expertise on how to recognize and protect yourself from financial fraud, offering tips and strategies to help you stay safe with your money.



Bring your questions, enjoy a delicious lunch, and learn practical steps to safeguard your finances in today's world. Spaces are limited, so be sure to sign up in advance, don't miss this chance to learn, engage, and enjoy a meal with friends!

MAKING SENSE OF MEDICARE

It's that time of year again! Join us on **Friday, October 10th at 11:45 AM** as Lindsay Mills from Mills Insurance Agency visits the Center to talk all things Medicare.



This is your opportunity to:

- Learn about benefits and any changes for the upcoming year
- Ask those important questions you've been wondering about
- Get guidance to make confident decisions about your coverage

Whether you're new to Medicare, reviewing your current plan, or just want to stay informed, Lindsay will provide clear, helpful advice in a friendly, relaxed setting. Don't miss this chance to get the answers you need and enjoy a great lunch with friends at the same time!

PREP, PROTECT, AND PAMPER YOUR PLANTS!

We're excited to welcome back Calla Edwards, Horticulture Agent from the K-State Research and Extension Office, Butler County, on **Friday, October 17th at 11:45 AM!**



Calla will share her expert tips and tricks to help your plants, shrubs, and trees thrive through the cold winter months. Learn how to protect delicate plants, prep your garden for spring, and avoid common winter gardening mistakes. Whether you're a seasoned gardener or just love having a few houseplants, there's something for everyone!

Don't miss this chance to pick up practical advice, ask questions, and get inspired for your winter garden. Bring your notepad and your gardening questions, you'll leave ready to keep your greenery healthy all season long!

STAY SAFE WITH BRIAN FROM VERIZON + BINGO FUN

Join us on **Tuesday, October 21st at 11:45 AM** as Brian from Verizon visits the Center to help us stay one step ahead of digital threats. Learn how to spot spams, scams, phishing, and smishing (yes, scammers can try texting you too!) and get tips to protect yourself online and on your devices.



But that's not all, Brian will stick around to call BINGO, making it a fun, informative, and interactive session you won't want to miss! Come for the tips, stay for the prizes, and leave with both knowledge and a few laughs.

LUNCH 'N LEARN SERIES

DISCOVER THE DAR: HISTORY, HERITAGE & MEMBERSHIP

Join us on **Friday, October 24th at 11:45 AM** as members of the Daughters of the American Revolution (DAR) visit the Center to share the fascinating history of this historic organization.



Learn about the DAR's mission to preserve American history, promote education, and support patriotic service, and discover how you can become involved. Whether you're interested in genealogy, community service, or connecting with a group dedicated to honoring our nation's heritage, this presentation is a great opportunity to explore the DAR and ask questions about membership.

Come enjoy an inspiring talk about history, heritage, and community, and leave with a deeper appreciation for the contributions of the DAR, past, present, and future!

GREAT MUSIC & GREAT TIMES!

Get ready to tap your toes and lift your spirits! On **Tuesday, October 28th at 11:45 AM**, we'll welcome Sue Meyers, Kent and Sue Williams, and Mike Fritschen for a special performance filled with gospel favorites, sing-along classics, and feel-good music.

This talented group knows how to bring joy through song, so don't be shy, clap your hands, sing along, and let the music move you! It's the perfect way to spend your afternoon surrounded by friends, laughter, and uplifting tunes



Open to all, bring your smile and your singing voice!

LEADING TOGETHER: THE ROLE OF YOUR BOARD

With Board elections coming up, it is important to know what our Board of Directors do. Our Board of Directors helps keep the El Dorado Senior Center running smoothly, ensuring we stay on track financially, legally, and with our mission. Here's a quick look at their roles:

- President – Leads meetings and supports all committees (except for elections).
- Vice President – Steps in when the President is away, signs checks, and helps keep meetings running properly.
- Treasurer – Manages all Center funds, provides financial reports, and ensures money is used only for Center operations.
- Assistant Treasurer – Helps the Treasurer and can step in if needed.
- Secretary – Records minutes from all meetings to keep an official history of actions and decisions.
- Assistant Secretary – Supports the Secretary and steps in when needed.

The Board of Directors sets policies, approves purchases outside of the budget, and ensures the Center is in compliance with the City and County. Board members volunteer their time and do not receive compensation, only reimbursement for approved expenses. They also avoid conflicts of interest by not voting on matters tied to their own businesses or families.

Together, the Board and Director work as a team to serve our members and community with transparency, accountability, and dedication!

THE BUZZ

BOARD MEETING HIGHLIGHTS: TRANSPARENCY FOR OUR MEMBERS

September 2025 Board Meeting Highlights

Treasurer's Report:

- July Income: \$4,222.52
- Expenses: \$25,406.96
- Ending Balance: \$82,246.73

Director's Report: 42 New members

- Total Members: 494
- United Way El Dorado - Donations for Bingo
- Local Businesses that donated gift cards/items for Membership Drive

Old Business:

- Committees: Fundraising, Events, and Decorating committee updates:
 - Open House for Veteran's Recognition Corner scheduled for Monday, November 10th at 10 am.
 - Halloween Party on Friday, October 31st 11:30 AM
- Updates to Bylaws: Kristina requested the City Attorney to rush review of By-Laws. Still no update.
- Security Cameras were installed. IT department noted that one more needed to be installed in the hallway that connects the north and south rooms.

New Business:

- Maintenance Program Contract with General Parts Food Service. Contract to clean, maintain and calibrate the two ice machines, stove top/oven, freezer and fridge. Annual contract of \$1740.50. Motion Approved.
- Cintas Contract. Contract for towel program. Would bring us 50 towels every two weeks. They would launder them and provide new towels bi-weekly. Would cut out the responsibility of having someone to take them home/bring back, purchase towels, etc. Annual contract of \$390. Eventually, would like to bring in the chemical systems, paper towels, mat program, but it is necessary to use up the current product that the center has now. This was tabled until clear understanding how contract cancellation works.

New Programs:

- T-Shirt Bar w/Amy K - Monday, October 13 1PM
- Genealogy Class w/ Janet Schuldt - Thursday, October 16th 1 PM
- CPR & First Aid Class w/ Stuart Funk - Monday, October 20th 1 PM

Upcoming Events:

- Membership Meeting - Thursday, September 25th @ 5:30 PM
- Potluck - Monday, October 6th @ 6 PM

Fundraising:

- Monterrey Luncheon - Wednesday, October 22nd \$8

Miscellaneous:

- New LED lights have been installed in the parking lot. Thank you city!
- ADA Doors 1-2 weeks out for installation on the north side of building.
- Treasurer Judy Parks turned in her resignation effective immediately.

Thank you for supporting the El Dorado Senior Center!

OCTOBER LUNCH MENU



MONDAY - FRIDAY

11:30 A.M.

**\$5 SUGGESTED DONATION
PICK-UP MEALS AVAILABLE!**

**Menu Subject to Change Without Notice*

**Tired of the same old lunch?
Join us for fresh, homemade
meals made with love!
Call (316) 321-0142 to place
your order at least one day
in advance.**

ALL MEALS SERVED WITH DESSERT.

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Chili Dogs Mac & Cheese	2 Hamburger Soup	3 Crispy Chicken Sandwich Tater Tots
6 Rigatoni Beef Pasta Caeser Salad 	7 Mexican Casserole	8 Chicken Parmesan	9 Hearty Calico Beans	10 Biscuits & Sausage Gravy
13 Chili	14 Chicken Fried Steak Mashed Potatoes w/ Gravy	15 Goulash Garden Salad	16 Pork Roast Garlic Roasted Potatoes	17 Sloppy Joes French Fries
20 Vegetable Cheddar Soup	21 Meatball & Mashed Potato Casserole	22  MONTERREY FUNDRAISER	23 Tomato Soup Grilled Cheese Sandwich	24 Beef & Tater Tot Casserole
27 Garlic & Beef Rice Skillet	28 Lasagna Soup Garden Salad	29 Italian Sub Pasta Salad	30 Salisbury Steak Mashed Potatoes w/ Gravy	HALLOWEEN PARTY 31 

REMINDER! POTLUCK IS OCTOBER 6TH AT 6 PM

OCTOBER ACTIVITIES CALENDAR

Let's Get Social!

Check out this month's lineup of fun and friendship! From exciting events to everyday favorites, there's something for everyone!



Monday	Tuesday	Wednesday	Thursday	Friday
		Coffee - 9 A 1 Drawing Class - 9:15 A Back to Balance - 10 A Yoga - 10:45 A Lunch - 11:30 A Prairie Port SNRS - 11:30 A Hand & Foot - 12:30 P Open Games - 2 P	2 Coffee - 9 A Tai-Chi - 9:30 A Lunch - 11:30 A Mexican Train - 12:30 P Pitch - 12:30 P Open Games - 2 P	3 Coffee - 9 A Walking - 9 A Cornhole - 9:30 A Aerobics - 10 A Lunch - 11:30 A Lunch N' Learn - 11:45 A Hand & Foot - 12:30 P Music Bingo - 2 P
6 Coffee - 9 A Walking - 9 A Aerobics - 10 A Lunch - 11:30 A Mexican Train - 12:30 P Open Games - 2 P Potluck - 6 P	7 Coffee - 9 A Gospel Sing-A-Long 9 A Bible Study - 10 A Lunch - 11:30 A Lunch 'N Learn - 11:45 A Bingo - 12:30 P Open Games - 2 P	8 Coffee - 9 A Drawing Class - 9:15 A Back to Balance - 10 A Cancer Support - 10:30 A Yoga - 10:45 A Lunch - 11:30 A Prairie Port SNRS - 11:30 A Hand & Foot - 12:30 P Open Games - 2 P	9 Coffee - 9 A Tai-Chi - 9:30 A Tech Time - 10:30 A Lunch - 11:30 A Mexican Train - 12:30 P Pitch - 12:30 P Open Games - 2 P	10 Coffee - 9 A Walking - 9 A Cornhole - 9:30 A Aerobics - 10 A Lunch - 11:30 A Lunch N' Learn - 11:45 A Hand & Foot - 12:30 P Open Games - 2 P
13 Coffee - 9 A Walking - 9 A Craft Club - 9:30 A Aerobics - 10 A Lunch - 11:30 A Mexican Train - 12:30 P T-Shirt Bar - 1 P Open Games - 2 P	14 Coffee - 9 A Gospel Sing-A-Long 9 A Bible Study - 10 A Lunch - 11:30 A Lunch 'N Learn 11:45 A BP Checks - 11:30 A Bingo w/ Ben - 12:30 P Open Games - 2 P	15 Coffee - 9 A Drawing Class - 9:15 A Back to Balance - 10 A Lunch - 11:30 A Yoga - 10:45 A Prairie Port SNRS - 11:30 A Hand & Foot - 12:30 P Open Games - 2 P	16 Coffee - 9 A Tai-Chi - 9:30 A Lunch - 11:30 A Mexican Train - 12:30 P Pitch - 12:30 P Genealogy Class - 1 P Open Games - 2 P	17 Coffee - 9 A Walking - 9 A Cornhole - 9:30 A Aerobics - 10 A Lunch - 11:30 A Lunch 'N Learn - 11:45 A Hand & Foot - 12:30 P Music Bingo - 2 P Dance - 6:30 P
20 Coffee - 9 A Walking - 9 A Aerobics - 10 A Lunch - 11:30 A Mexican Train - 12:30 P 1st Aid Classes - 1 P Open Games - 2 P ALZ/Dementia - 5:30	21 Coffee - 9 A Gospel Sing-A-Long 9 A Foot Care - 9:30 A - 1 Bible Study - 10 A Lunch - 11:30 A Lunch 'N Learn - 11:45 A Bingo w/ Brian - 12:30 P Open Games - 2 P	22 Coffee - 9 A Drawing Class - 9:15 A Back to Balance - 10 A Grief Support - 10:30 A Yoga - 10:45 A Lunch - 11:30 A Prairie Port SNRS - 11:30 A Hand & Foot - 12:30 P Open Games - 2 P	23 Coffee - 9 A Tai-Chi - 9:30 A Tech Time - 10:30 A Lunch - 11:30 A Mexican Train - 12:30 P Pitch - 12:30 P Open Games - 2 P	24 Coffee - 9 A Walking - 9 A Cornhole - 9:30 A Aerobics - 10 A Lunch - 11:30 A Lunch 'N Learn - 11:45 A Hand & Foot - 12:30 P Open Games - 2 P
27 Coffee - 9 A Walking - 9 A Aerobics - 10 A Lunch - 11:30 A Mexican Train - 12:30 P Open Games - 2 P	28 Coffee - 9 A Gospel Sing-A-Long 9 A Bible Study - 10 A Lunch - 11:30 A Lunch 'N Lyrics - 11:45 A Bingo - 12:30 P Open Games - 2 P	29 Coffee - 9 A Drawing Class - 9:15 A Back to Balance - 10 A Yoga - 10:45 A Lunch - 11:30 A Prairie Port SNRS - 11:30 A Hand & Foot - 12:30 P Open Games - 2 P	30 Coffee - 9 A Tai-Chi - 9:30 A Lunch - 11:30 A Mexican Train - 12:30 P Pitch - 12:30 P Open Games - 2 P	31 Coffee - 9 A Cornhole - 9:30 A HALLOWEEN PARTY - 11:30 A Open Games - 2 P



KNOWLEDGE NUGGETS



- October 1, 1962, marks the date when "The Tonight Show" first aired, featuring Johnny Carson as host. Carson went on to become a beloved television personality, hosting the show for 30 years and laying the groundwork for modern late-night talk shows.
- The American sitcom "I Love Lucy" premiered on October 3, 1951. This iconic show, starring Lucille Ball and Desi Arnaz, is often considered one of the greatest television series of all time.
- October 11, 1890: The Daughters of the American Revolution, a non-profit organization promoting historic preservation, education, and patriotism, was founded in Washington, D.C. Members are women directly descended from patriots involved in the American Revolutionary War.
- October 13th, 1792, marked the beginning of the construction of the White House in Washington, D.C. The building, originally called the "President's Palace," was designed by Irish architect James Hoban.
- National Boss' Day (United States): On October 16th, Americans celebrate National Boss' Day, which was first registered by Patricia Bays Haroski in 1958. The purpose of the day is to show appreciation for good leaders and strengthen the bond between employees and their supervisors.
- On October 20, 1947, American animator and director Walter Lantz released the first Woody Woodpecker cartoon, titled "Knock Knock," which became a popular and enduring character.

BRADFORD MEMORIAL LIBRARY SERVICES



LARGE PRINT BOOKS

The Bradford Memorial Library brings in large print books for our members to check out. These books are kept in the office and are swapped out monthly, so there's always something new to read!

Can't Get Out of the House?

No problem! Butler County Library Outreach delivers books right to your door. If you're interested in receiving this service or know someone who would benefit, call Outreach at 316-321-3363 or email services@bradfordlibrary.info.

Issues with Your Eyesight?



El Dorado Senior Center presents TALKING BOOKS! This service, provided by the Library of Congress, National Library Service, and Kansas State Library, makes it possible for those with low vision or physical limitations to enjoy thousands of books and magazines for free!

Access Books Easily



- Use your phone, tablet, or computer to download audiobooks.
- Order books in braille.
- Get a FREE player to use at home with audiobooks mailed directly to you.

For more information or to start using Talking Books, call the ESC office at 316-321-0142 today!

SENIOR RESOURCES



MEDICARE OPEN ENROLLMENT

Medicare Open Enrollment **begins October 15th** and runs through **December 7th**. Now is the time to review your coverage and see what plan will best fit your needs for the upcoming year. Andrea and Heather are available to meet with you and help explore your options, appointments are now being scheduled.

THRIVE SERVICES

Thrive is here to help you navigate online resources and complete forms for benefits such as Social Security, Medicare, the Healthcare Marketplace, insurance, Medicaid, food assistance, disability, LIEAP, and more. Their services are free and designed to help you find the resources that best fit your situation.

Please contact Andrea Campbell - 785-230-8809 or by email: andrea@thriveallencounty.org or Heather Patterson - 316-737-8170 or by email: heather@thriveallencounty.org to schedule an appointment. THRIVE KS, also has an office in the center for your needs!

FOOT CARE BY CHERYL & BEN

We're excited to welcome Cheryl and Ben back to the Center to provide professional foot care services! **Sign-ups are now open in the office.**

Cheryl and Benjamin will be offering foot care on the third Tuesday of each month from **9:30 AM to 1:00 PM** on the following dates:

October 21, November 18, and December 16.

The cost of their services is **\$25** and can be paid by cash, check, or Venmo. Both Cheryl and Benjamin are licensed, insured, and bonded, so you can feel confident you're in good hands.

FOOT CARE CLINIC BY HERMES HEALTHCARE



Hermes HealthCare offers a convenient Foot Care Clinic right here at the center! **To schedule an appointment for a pedicure, please call 316-260-4110.** These services are covered by Medicare.

DATES:

November 14 December 5

PREVENTING ELDER ABUSE

Elder abuse, neglect, and exploitation are serious issues that can affect anyone. It's crucial to address them promptly and compassionately.

If you or someone you know is experiencing any form of abuse, please reach out for help. Contact the Butler County Prevention of Elder Abuse at 1-800-279-3655 or 316-322-4254. Your call will be confidential, and support is available.

COMMODITIES DISTRIBUTION

We are pleased to announce the upcoming Commodities Distribution!

Distribution will take place on the **North Side** from **1 PM - 2 PM** on the following dates in 2025:

November 12 October 8 December 10

To submit an application for the Supplemental Food Program, please call the United Methodist Open Door Program office at **(316) 267-0511**.

Please pick up your commodities on the date to avoid any inconvenience.

Timely pickup is crucial to ensure everyone receives their items smoothly.

CALL 316-321-0142
WITH QUESTIONS

EL DORADO SENIOR CENTER SUPPORT GROUPS

ALZHEIMER'S SUPPORT GROUP



A SAFE SPACE FOR
CAREGIVERS AND FAMILIES
TO SHARE, LEARN, AND
CONNECT WITH OTHERS ON
A SIMILAR JOURNEY. THIS
GROUP OFFERS EMOTIONAL
SUPPORT, PRACTICAL TIPS,
AND A SENSE OF
COMMUNITY.

3RD MONDAY
EACH MONTH
5:30 PM

GRIEF SUPPORT GROUP

OUR GROUP OFFERS
CONNECTION, COMFORT, AND
UNDERSTANDING.

A SAFE SPACE TO SHARE,
HEAL, AND NAVIGATE GRIEF
WITH OTHERS WHO TRULY
UNDERSTAND.

4TH WEDNESDAY
EACH MONTH
10:30 AM

OUR
GROUPS:

STRONGER
TOGETHER

ALL
GROUPS
MEET AT
210 EAST
2ND AVE.

CANCER SUPPORT GROUP

WHETHER YOU ARE
CURRENTLY UNDERGOING
TREATMENT, ARE A SURVIVOR,
OR ARE SUPPORTING A LOVED
ONE, YOU ARE WELCOME.

THIS GROUP OFFERS A SAFE
AND SUPPORTIVE
ENVIRONMENT TO TALK
OPENLY AND EXCHANGE
HELPFUL RESOURCES.

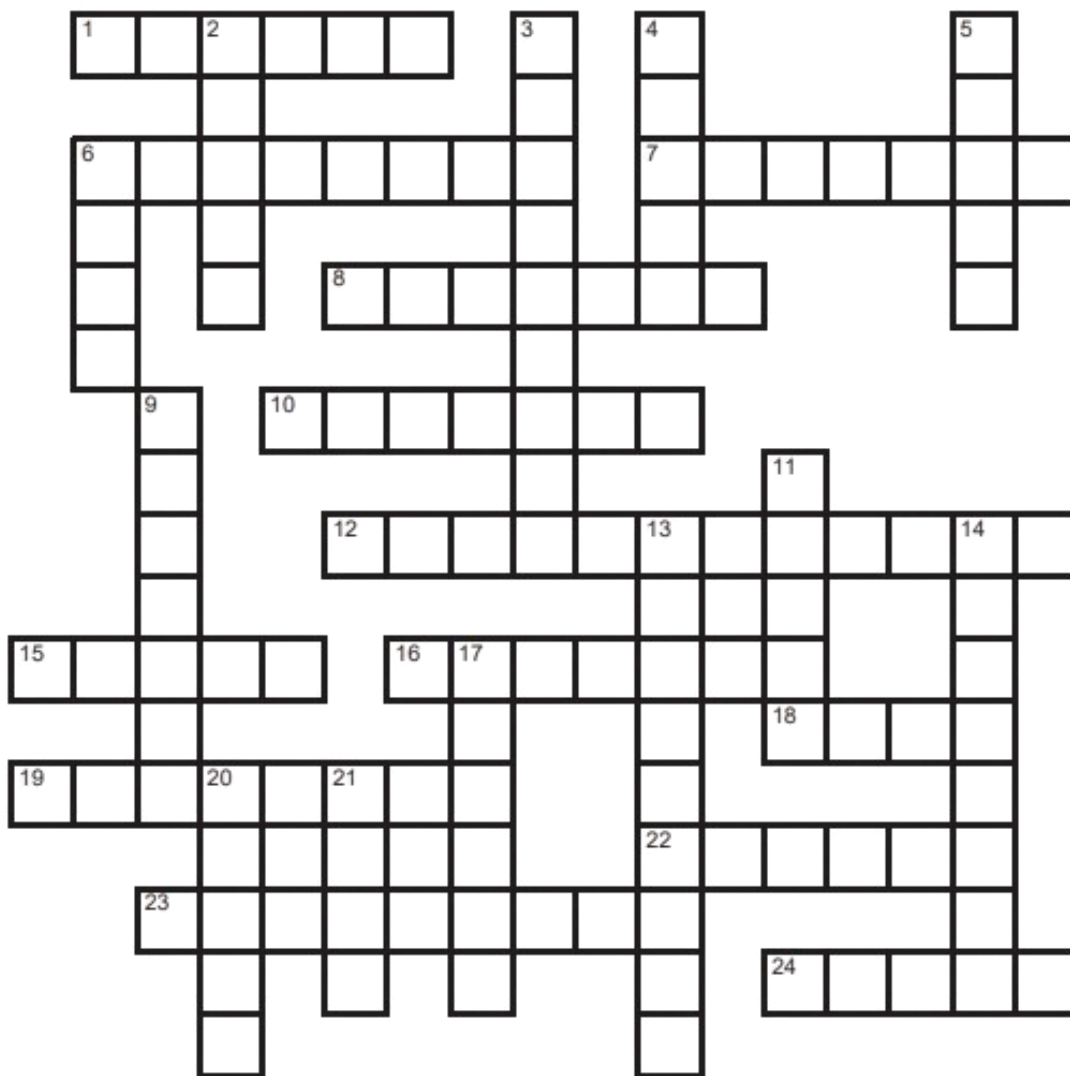
2ND WEDNESDAY
EACH MONTH
10:30 AM

HEALING STARTS WITH
A CONVERSATION.



I LOVE FALL

Acorn
 Apple
 Autumn
 Chestnut
 Cider
 Cobweb
 Fall
 Football
 Gourd
 Halloween
 Harvest
 Hay Bale
 Hayride
 Leaves
 Maize
 November
 Nuts
 October
 Pumpkin
 Quilt
 Rake
 Scarecrow
 September
 Sleet
 Thanksgiving



ACROSS

1. They fall from trees.
6. Popular autumn sport.
7. Jack-o-lantern gourd.
8. The 10th month of the year.
10. The gathering of crops.
12. The fourth Thursday in November.
15. Might be patchwork.
16. Seat at a square dance (two words).
18. Leaf gathering yard tool.
19. They are roasted on an open fire.
22. Halloween decoration made a spider.
23. The 9th month of the year.
24. Decorative squash.

DOWN

2. Oak tree s fruit.
3. October 31st.
4. Honeycrisp.
5. Also known as corn.
6. The season that follows summer.
9. Fun activity on a farm.
11. Drink made from apples.
13. Used to keep birds off of crops.
14. The 11th month of the year.
17. Another word for the fall season.
20. Semi-frozen rain.
21. What squirrels often gather.



FALL

Word Search



J H I C H I L L Y E V E N I N G S Q A C
 O U W O A H A R V E S T I F Q Y G E U S
 X I F Z S W E A T E R W E A T H E R E B
 F V A Y W J W G V H M U A N S T J L Z O
 V G L B N S L A P P L E O R C H A R D N
 D B L L L C E F M S F O O E J B F R D F
 U F I A G L J N L C M L Y T Y T S U C I
 Z W N N E G Y F S T O U R A S G L I P R
 V C G K W C Q J S C R O H Q N C X G D E
 W O A E Y E S E G L A T L I C U S J H N
 I R C T C J V N G U A R N B K S M F U I
 F N O J C R I S P A I R E K R G W C H G
 C M R R A G X W W A O H T C M E I Y Q H
 R A N H N A Q F O M O A H D R W E Q R T
 F Z S A T X U B Y S U I F X A O M Z P R
 J E H M G J Y T A O B U W O E A W V E V
 G C O Y L M S P U M P K I N P A T C H Z
 R C Z Y O O Z D D M A Q F B O E B T Y E
 V C Q L R G O L D E N H U E S X I X S Z
 N Y I F O L I A G E B B D R S K G K J A



**AUTUMN
 HARVEST
 CRISP AIR
 FOLIAGE
 SWEATER WEATHER
 COOL BREEZE
 RAKE LEAVES**

**BONFIRE NIGHT
 CHANGING COLORS
 COZY BLANKET
 GOLDEN HUES
 FALLING ACORNS
 PUMPKIN PATCH
 CORN MAZE**

**HAY BALE
 FROSTY MORNINGS
 HARVEST MOON
 APPLE ORCHARD
 CHILLY EVENINGS
 SCARECROW**

LEADERSHIP LENS: A NOTE FROM THE DIRECTOR



October is a month full of energy. It brings crisp mornings, cozy evenings, colorful leaves, and of course, the fun of Halloween. It's also a month filled with important observances, Breast Cancer Awareness Month, National Book Month, and many others that encourage us to pause and reflect. With such a full calendar, October reminds us how busy life can feel, and also how important it is to give ourselves grace along the way.

I'll be honest with you, I don't always have it all together. I don't always have the "perfect" plan, the "perfect" answer, or the "perfect" way of doing things. And that's okay. I've learned that mistakes don't define us; they guide us. One of the best lessons I was ever taught is that a mistake is simply a "happy accident." It's a way of saying, "*Well, I won't do it that way again!*" Mistakes are part of the process, and they're where learning, and often even creativity, happens.

At home, my husband and I are raising our kids with two very different parenting styles. I tend to be the one who says, "Let's get it done now, and then we can enjoy our toys." He, on the other hand, is more the "play first, work later" type (sometimes much later, if you ask me!). And you know what? Both ways work. The kids get their chores done, it just looks a little different depending on who's leading the charge.

That lesson spills right over into our work here at the Center. Whether it's planning an event, setting up for Bingo, preparing meals, or organizing a big project, we all have our own way of doing things. Sometimes we may want it done our way, but in the end, it all comes together. The real beauty is in the teamwork, the way everyone pitches in, supports each other, and makes sure the goal gets accomplished. It may not always look perfect in the moment, but the results are always something we can be proud of.

And yes, frustrations may pop up along the way, that's just part of working and living in community. But here's the good news: unlike our younger days with siblings, at least we don't have to worry about anyone putting boogers on us in the process! 😊 Instead, we can laugh together, learn from each other, and celebrate what we accomplish as a team.

So, let's remember that mistakes are simply stepping stones, and differences in approach only make us stronger as a group. At the end of the day, what matters most is that we're working toward the same goal: keeping our Center a place of joy, connection, and belonging.

Here's to a full and fabulous October, with plenty of laughter along the way!

Your Director ❤️
See you at the center!