

THE GOLDEN YEARS

The El Dorado Senior Center Monthly Newsletter



NOVEMBER POTLUCK PARTY!

The Kansas Honor Flight is an all-volunteer organization dedicated to honoring Kansas Veterans of World War II, the Korean War, and the Vietnam War by providing them with an all-expenses-paid journey of honor and remembrance to visit their memorials in Washington, D.C. In addition, the organization works to educate youth and communities across Kansas about the lasting impact of these historic wars and the freedoms we enjoy today because of our Veterans' service.

Don't miss our 50/50 raffle and door raffle! Bring a dish to share so there's plenty for everyone. Want the kitchen to make something for you? Drop off your donation to the office by Monday, Nov. 3 by Noon.

- A-F: Bring a Cold Dish
- G-L: Bring a Dessert
- M-R: Bring a Fruit or Veggie Dish
- S-Z: Bring a Hot Dish

Date: Monday, November 3rd
Time: 6:00 PM

Main Course: Turkey, Mashed Potatoes, Gravy & Rolls

Guest: Lloyd VanDever with: Kansas Honor Flight

Sponsor: Carlson Colonial & Kirby-Morris Funeral Home

**210 EAST SECOND AVE.
EL DORADO, KS
67042**

**PH: 316-321-0142
FX: 316-321-1525**

KTRAINA@ELDOKS.GOV

**OFFICE HOURS:
M/W/F: 9:00 A.M. - 5:00 P.M.
T/TH: 9:00 A.M. - 3:00 P.M.**

2025 BOARD & STAFF

PRESIDENT: ROXANN COOL
VICE PRESIDENT: MARY MAYS
TREASURER: MARY BICKLEY
SECRETARY: JANET SPENCER
MEMBER AT LARGE: SUZIE CAWTHORN
MEMBER AT LARGE: TERI BOWLIN
MEMBER AT LARGE: SUSAN JOHNSON
MEMBER AT LARGE: MARK SOMERVILLE
MEMBER AT LARGE: BARBARA HIGGINS

DIRECTOR - KRISTINA TRAINA
KITCHEN - JAMES SCOTT

**FOLLOW US ON OUR
FACEBOOK PAGE.
EL DORADO SENIOR CENTER**





HAPPY BIRTHDAY TO OUR WONDERFUL SENIORS!



Another year older, another year wiser! Let's celebrate the birthdays of all our amazing seniors. Whether you're celebrating a milestone or just another year of life, you deserve to feel special. Remember, age is just a number, and life is a journey to be enjoyed.

Marlene Andrews
Barbara Banzet
Dorothy Beer
Deanna Bonn
Teri Bowlin
Phyllis Capps
Hjarda Cipra
Dianne Davidson
David Dysinger
Sherri Elliott
Kirt Evans
Sharon Guthrie
Neal Harrison

Keith Hillis
Pat Hogoboom
Jo Holmgren
Susan Johnson
Terry Jones
Audrey Kallenberger
Kathy Kelley
Sherry Kelsey
Glenda Kerstetter
Darlene King
Roxanne Limon
Venettia Maddux

Kathy Morrow
Lorraine Olbrey
James Orman
Glenda Phillips
Tina Porter
Kay Riggle
John Shepherd
Jan Smith
Carol Stevens
Connie Ware
Mary Whiteside
Lindy Wilson

“The trouble with class reunions is that old flames have become even older.” Doug Larson

“Old age is like a plane flying through a storm. Once you’re aboard there’s nothing you can do.” Golda Meir

WELCOME TO THE CLUB!

We're thrilled to welcome our newest members to the El Dorado Senior Center! Every new face brings fresh stories, laughter, and the opportunity to make lifelong friends. Whether you're joining us for lunch, activities, or just great company, we're excited to have you in our vibrant community.

Check out the newest additions to our family below, and be sure to say hello when you see them around!

Bernadette Gordanier	Mary Hamm	Tracy Williamson	Jordan Lee
Jim Gordanier	Mike Hamm	Deanna Chastain	Teresa Bachman
Sheri Olsson	Vicki Adams	Deb Shoopman	Bob King
Carla Knoop	Linda Proctor	Sheila Berndt	Nancy King
Deshawn Chesley	Mike Fagg	Anne Cross	David Crook
Kathy Johnson	Carolyn Dwire		Lisa Crook

MONTHLY TIP: November - Flu Prevention Tips!

Flu season peaks in the colder months, and seniors are at higher risk for complications.

Get vaccinated: The flu shot is the best protection, ask your doctor about other recommended vaccines like the COVID-19 booster.

Practice good hygiene: Wash hands often or use hand sanitizer when soap isn't available.

Avoid touching your face: Keep hands away from your eyes, nose, and mouth to reduce the spread of germs.

THE BUZZ



VETERANS RECOGNITION CORNER OPEN HOUSE

Monday, November 10th • 10:00 AM

This is the event you don't want to miss! Join us as we proudly unveil and celebrate our brand-new Veterans Recognition Corner, a truly one-of-a-kind tribute here in El Dorado and Butler County.

This heartfelt project honors the brave men and women who have served our nation, remembers those we have lost, and celebrates the Veterans who continue to inspire us every day.

This special ceremony is our moment to:

- Thank the generous sponsors and volunteers who made this dream possible
- Honor the memory of those who gave everything for our freedom
- Recognize the Veterans who walk among us with pride and strength

We're calling on everyone, Veterans, families, friends, and community members, to be part of this meaningful morning. Let's fill the Center with gratitude, pride, and community spirit as we dedicate this space to those who have given so much.

Spread the word, invite a friend, and join us in honoring our heroes. Together, we'll make this a morning to remember.

SHARING THE WARMTH THIS WINTER

This holiday season, let's come together to spread love and warmth to the little ones at El Dorado Head Start! We're collecting hats and mittens for children in their Early Education program.

8 kids ages 0-3 and 17 kids ages 3-5.

Please drop off your donations in the Senior Center office by December 1st. Let's fill their hearts (and hands!) with warmth and show just how much our community cares.

HOLIDAY BINGO FOOD DRIVE

A big thank you to everyone who's already brought in donations, you're helping us make this year's Annual Holiday Bingo Fundraiser one to remember! But we still have a long way to go and could use your help to fill those festive prize bags!



We're collecting non-perishable food items like canned veggies, cake mix, frosting, brownie mix, and all the goodies that belong on a holiday dinner table. These treats will be bundled into prize packages to make Holiday Bingo a hit!

Lists of needed items are hanging by the office, grab one and help us spread some holiday cheer!

Your donations (or cash contributions) directly support the Center, helping us continue to provide the meals, programs, and activities that make our community shine.

Let's come together, have some fun, and make this holiday season extra bright!

GREETING CARD SALE! YOU'LL FIND ALL THE CARDS! 10 FOR \$1!

THE BUZZ

IMPORTANT UPDATE ON ESC BOARD ELECTIONS

We want to take a moment to share an important update regarding the El Dorado Senior Center (ESC) Board of Directors election process. It recently came to our attention that an oversight occurred in last year's election cycle, resulting in a mix-up of board positions and terms as outlined in our by-laws.

According to the by-laws, elections held in even-numbered years (such as 2024) should include the positions of President, Treasurer, and three at-large seats. Elections held in odd-numbered years (such as 2025) should include the positions of President, Vice President, Secretary and two at-large seats. The election held in 2024 mistakenly included the President, Secretary, and three At- Large positions. To correct this and bring us back into alignment with our by-laws, our next even-year election (2026) should include President, Treasurer, and three At-Large seats.

In addition, the new Treasurer will continue to serve the remainder of the term vacated earlier this year before that seat returns to the ballot in 2026.

We apologize for any confusion this may have caused and appreciate your understanding as we make these adjustments. Our goal is to maintain transparency, follow our by-laws accurately, and ensure our board elections remain fair and consistent moving forward.

Thank you for your continued support and trust in the ESC leadership team.

KEEPING OUR CENTER HEALTHY AND SAFE

At the El Dorado Senior Center, we take pride in keeping our space clean, welcoming, and safe for everyone who walks through our doors. Your health and well-being are always our top priority!

We kindly ask that if you're feeling under the weather or dealing with illnesses such as the flu, bed bugs, or any other contagious conditions, please take time to rest and recover at home. This helps protect your fellow members and keeps our Center a healthy environment for all to enjoy.

NEW! TUESDAY MORNING GOSPEL SINGING

Get ready to lift your spirits and your voices! Join us **every Tuesday at 9:00 AM** for our brand-new Gospel Singing Group, right before Bible Study. Come clap your hands, tap your toes, and sing along to your favorite gospel tunes with friends old and new. No experience needed, just bring your joyful heart and love for music! Let's make a joyful noise together

VETERANS TREE AT THE CENTER

Help us honor our heroes in a special way! We'll be setting up a Veterans Tree decorated with American Flags, each available for just \$5. You can have a Veteran's name labeled on your flag, and all proceeds will support our Veterans Recognition Corner. The tree will be on display through Veterans Day. Thank you for helping us show our pride and gratitude!



HOLIDAY SCHEDULE REMINDER

Just a friendly reminder that we will be CLOSED on November 11th for Veterans Day, as well as November 27th and 28th for the Thanksgiving holiday.

LUNCH 'N LEARN SERIES

ESTATE PLANNING FROM ADAM JONES LAW FIRM

Join us on **Tuesday, November 4th at 11:45 AM** as attorneys from Adam Jones Law Firm share valuable insights on estate planning, a topic that's important for everyone, no matter the size of your estate. Learn how to make sure your wishes are carried out, your loved ones are protected, and your affairs are in order.



They'll cover essentials like wills, trusts, powers of attorney, and tax planning, plus how to keep your plan up to date through life's changes.

Enjoy lunch, ask questions, and gain peace of mind knowing you're prepared for the future!

A NEW GENERATION OF VETERANS – STORIES FROM IRAQ AND AFGHANISTAN

We are honored to welcome Murl Riedel on **Friday, November 7, at 11:45A**. Murl, a retired Major with the Kansas Army National Guard and current fiscal analyst, as our special guest for this meaningful presentation.



His talk, "A New Generation of Veterans: Stories from Iraq and Afghanistan," explores the experiences of the men and women who served in America's longest war, those who answered the call after 9/11 and returned home to a world still striving to understand their service and sacrifice.

Murl will review key moments from the wars in Iraq and Afghanistan and discuss how communities can help preserve and share these stories for future generations. It's a powerful reminder of the courage, resilience, and dedication of our Kansas veterans whose voices deserve to be heard.

This program is part of Humanities Kansas's "21st Century Civics" initiative, supported by A More Perfect Union: America at 250, celebrating the stories that unite us and strengthen our democracy.

Join us for this inspiring Lunch 'n Learn as we honor a new generation of heroes and reflect on the importance of keeping their stories alive.

REFUGE IN THE STORM (RISE)

Join us for a meaningful program with Hollie Jimenez, Shelter Manager at Refuge in the Storm El Dorado (RISE) on **Friday, November 14th at 11:45 AM**.

RISE's work extends far beyond providing a place to stay. Their dedicated team helps individuals avoid homelessness when possible, offering guidance and support based on each person's unique situation. They assist with housing and job applications, obtaining IDs, and connecting clients with local partners for addiction treatment and mental health services.

Homelessness doesn't only affect large cities; it exists in small towns like ours too. Many who turn to RISE are simply hardworking people who have fallen on tough times, often just one paycheck away from losing their home.

Come enjoy lunch, learn more about the important work being done in our community,



LUNCH 'N LEARN SERIES

MEDICARE FRAUD & SCAM UPDATES

On Tuesday, November 18th at 11:45 AM, we are happy to welcome back one of our favorite guests, Ben Brown, for his monthly visit! Ben will be sharing the latest updates on Medicare fraud and scams, important information to help keep you and your personal information safe.

American
SENIOR BENEFITS

AN INTEGRITY II COMPANY

Fraudsters are always finding new ways to target seniors, especially during Medicare open enrollment season. Ben will walk us through what to watch for, how to protect yourself, and what to do if you suspect something isn't right.

Don't miss this informative and engaging session with Ben. He always brings helpful tips, real-world examples, and a touch of humor that makes learning easy and enjoyable!

And don't leave just yet! Stick around for 12:30 Bingo with Ben, where Ben calls Bingo! It's another hour of laughter, prizes, and community fun you won't want to miss!

BACK HEALTH WITH DR. ANDREW ZIMMER

We're pleased to welcome Dr. Andrew Zimmer, local chiropractor, on Friday, November 21st at 11:45 AM to the Center for an informative session on back health.



Falls are one of the most common concerns as we age, but many can be prevented with awareness and a few simple lifestyle changes. During this Lunch 'N Learn, Dr. Andrew Zimmer will share valuable tips on fall prevention and ways to "age gracefully" by staying active, balanced, and confident in your movements.

He'll discuss practical exercises to improve strength and stability, how to make your home environment safer, and when to seek professional guidance.

This session is a great opportunity to ask questions, learn more about protecting yourself from falls, and take positive steps toward maintaining your independence and well-being.

SING-ALONG WITH KATHY JOHNSON!

Get ready to tap your toes and raise your voices! On Tuesday, November 25th at 11:45 AM. One of our newest members, Kathy Johnson, has jumped right in and is already sharing her wonderful talents with us. Kathy will be playing the piano for a patriotic and holiday sing-along that's sure to lift your spirits and spread some cheer!

We'll start with a few favorite patriotic tunes and then move right into the holiday season with some classic Christmas songs. It's the perfect way to kick off the most festive time of the year!

If you haven't met Kathy yet, she's often found working on the puzzle in the mornings, or tickling the ivories during Tuesday's gospel singing hour. Come join the fun, sing along, and help us give Kathy a warm senior center welcome!



THE BUZZ

BOARD MEETING HIGHLIGHTS: TRANSPARENCY FOR OUR MEMBERS

October 2025 Board Meeting Highlights

Treasurer's Report: (August Report was Amended due to errors)

- August Beginning Balance: 104,634.65
- August Income: \$22,974.87
- Expenses: \$11,323.01
- August Ending Balance: \$116,268.51

- September Beginning Balance: \$116,268.51
- September Income: \$7,700.66
- Expenses: \$10,893.31
- September Ending Balance: \$113,075.86

Director's Report: 14 New members

- Total Members: 508

Old Business:

- Committees: Fundraising, Events, and Decorating committee updates:
 - Open House for Veteran's Recognition Corner scheduled for Monday, November 10th at 10 am.
 - Halloween Party on Friday, October 31st 11:30 AM
 - Chili Cook-off & Car show on Friday, December 5th
 - Holiday Bingo
- Updates to Bylaws: Kristina is currently working on with City Attorney
- Maintenance Program Contract with General Parts Food Service - Revision. Kristina had further questions on contract and noticed the ice machine was only being serviced once a year. Contract was adjusted to bi-annual cleanings. New rate is \$2416. Motion carries.

New Business:

- Cintas/UniFirst Contract. Contract for towel and mat program. Motion carries. Program to start end of October,
- Appointment of Treasurer: Mary Bickley was elected to serve the remainder term.
- Appointment of Election Committee: Sheri Stenseng was elected to serve as the Chair and Donna Ollek as member. There is still an open seat for the board to decide on.

New Programs:

- T-Shirt Bar w/Amy K - Monday, October 13 1PM
- Genealogy Class w/ Janet Schuldts - Thursday, October 16th 1 PM
- CPR & First Aid Class w/ Stuart Funk - Monday, October 20th 1 PM

Upcoming Events:

- Potluck - Monday, November 3rd @ 6 PM

Miscellaneous:

- Declaration of Independence Traveling Display will be here May 23-June 21, 2026!
- Wireless Doorbells were added to the ADA restrooms to aid in emergency situations,
- 3rd Quarter Report was sent to County.

Thank you for supporting the El Dorado Senior Center!

NOVEMBER LUNCH MENU

MONDAY - FRIDAY

11:30 A.M.

\$5 SUGGESTED DONATION

**Menu Subject to Change Without Notice*

Tired of the same old lunch?
Join us for fresh, homemade meals made with love!
Call (316) 321-0142 to place your order at least one day in advance.

ALL MEALS SERVED WITH DESSERT.

Monday	Tuesday	Wednesday	Thursday	Friday
3 Hot Dogs Baked Beans 	4 Baked Ham Sweet Potato Casserole Green Beans	5 Taco Salad	6 Hamburger French Fries	7 Chicken & Dressing 3 Bean Salad
10 Ham & Beans Cornbread	CLOSED 11 	12 Chicken & Rice w/ Broccoli Garden Salad	13 Stuffed Pepper Casserole Buttered Corn	14 BBQ Meatballs Cheesy Potatoes
17 Crispy Chicken Sandwich	18 Chicken Fried Steak Mashed Potatoes w/ Gravy	19 Meaty Pan Pizza Caesar Salad	20 Chili	21 BBQ Pork Sandwich Coleslaw
24 Red Beans & Rice	25 Meatloaf Baked Potatoes Green Beans	26 Chili Dogs Tater Tots	CLOSED 27 	CLOSED 28 

**CARRY-OUTS AVAILABLE!
PICK-UP AT 11:15!**



LUNCH 'N LEARNS EVERY TUESDAY AND FRIDAY! 11:45A




REMINDER! POTLUCK IS NOVEMBER 3RD AT 6 PM

NOVEMBER ACTIVITIES CALENDAR

Let's Get Social!

Check out this month's lineup of fun and friendship! From exciting events to everyday favorites, there's something for everyone!



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Coffee - 9 A 3 Walking - 9 A Aerobics - 10 A Lunch - 11:30 A Mexican Train - 12:30 P Open Games - 2 P Potluck - 6 P</p>	<p>Coffee - 9 A 4 Gospel Sing-A-Long 9 A Bible Study - 10 A Lunch - 11:30 A Lunch 'N Learn - 11:45 A Bingo - 12:30 P Open Games - 2 P</p>	<p>Coffee - 9 A 5 Drawing Class - 9:15 A Back to Balance - 10 A Chair Yoga - 10:45 A Lunch - 11:30 A Prairie Port SNRS - 11:30 A Hand & Foot - 12:30 P Open Games - 2 P</p>	<p>Coffee - 9 A 6 Tai-Chi - 9:30 A Lunch - 11:30 A Mexican Train - 12:30 P Pitch - 12:30 P Open Games - 2 P</p>	<p>Coffee - 9 A 7 Walking - 9 A Cornhole - 9:30 A Aerobics - 10 A Lunch - 11:30 A Lunch N' Learn - 11:45 A Hand & Foot - 12:30 P Music Bingo - 2 P</p>
<p>10 Coffee - 9 A Walking - 9 A Aerobics - 10 A Lunch - 11:30 A Mexican Train - 12:30 P Open Games - 2 P</p>	<p>CLOSED 11 </p>	<p>Coffee - 9 A 12 Drawing Class - 9:15 A Back to Balance - 10 A Cancer Support - 10:30 A Chair Yoga - 10:45 A Lunch - 11:30 A Prairie Port SNRS - 11:30 A Hand & Foot - 12:30 P Open Games - 2 P</p>	<p>13 Coffee - 9 A Tai-Chi - 9:30 A Tech Time - 10:30 A Lunch - 11:30 A Mexican Train - 12:30 P Pitch - 12:30 P Open Games - 2 P</p>	<p>14 Coffee - 9 A HERMES - 9 A - 2 P Cornhole - 9:30 A Lunch - 11:30 A Lunch N' Learn - 11:45 A Hand & Foot - 12:30 P Open Games - 2 P</p>
<p>17 Coffee - 9 A Walking - 9 A Craft Club - 9:30 A Aerobics - 10 A Lunch - 11:30 A Mexican Train - 12:30 P Open Games - 2 P ALZ/Dementia - 5:30P</p>	<p>Coffee - 9 A 18 Gospel Sing-A-Long 9 A Foot Care 9:30 A - 1 P Bible Study - 10 A Lunch - 11:30 A Lunch 'N Learn 11:45 A BP Checks - 11:30 A Bingo w/ Ben - 12:30 P Open Games - 2 P</p>	<p>Coffee - 9 A 19 Drawing Class - 9:15 A Back to Balance - 10 A Lunch - 11:30 A Chair Yoga - 10:45 A Prairie Port SNRS - 11:30 A Hand & Foot - 12:30 P Open Games - 2 P</p>	<p>20 Coffee - 9 A Tai-Chi - 9:30 A Lunch - 11:30 A Mexican Train - 12:30 P Pitch - 12:30 P Genealogy Class - 1 P Open Games - 2 P</p>	<p>21 Coffee - 9 A Walking - 9 A Cornhole - 9:30 A Aerobics - 10 A Lunch - 11:30 A Lunch 'N Learn - 11:45 A Hand & Foot - 12:30 P Music Bingo - 2 P</p>
<p>24 Coffee - 9 A Walking - 9 A Aerobics - 10 A Lunch - 11:30 A Mexican Train - 12:30 P Open Games - 2 P</p>	<p>25 Coffee - 9 A Gospel Sing-A-Long 9 A Bible Study - 10 A Lunch - 11:30 A Lunch 'N Lyrics - 11:45 A Bingo - 12:30 P Open Games - 2 P</p>	<p>Coffee - 9 A 26 Drawing Class - 9:15 A Back to Balance - 10 A Grief Support - 10:30 A Chair Yoga - 10:45 A Lunch - 11:30 A Prairie Port SNRS - 11:30 A Hand & Foot - 12:30 P Open Games - 2 P</p>	<p>CLOSED 27 </p>	<p>CLOSED 28 </p>

HAVE AN IDEA FOR AN ACITIVITY OR PROGRAM? TALK TO THE OFFICE!

IN ALL
Things
 GIVE
 Thanks



KNOWLEDGE NUGGETS



- On November 1st, 1938, the legendary underdog racehorse Seabiscuit defeated the favorite War Admiral in a head-to-head race, inspiring millions during the Great Depression.
- November 3, 1964, marks the date when the first "Buffalo Wings" were created by Teresa Bellissimo, owner of the Anchor Bar in Buffalo, New York. These famous chicken wings are now enjoyed by people all over the world.
- On November 7, 1492, a 90-kg meteorite fell in the village of Ensisheim, France. Touted as the oldest meteorite with a known date of impact. It struck the Earth during the reign of King Maximilian I, who interpreted the event as a good omen in his battle against Fran
- On November 15, 1959, the murder of the Clutter family occurred in the small town of Holcomb, Kansas. This gruesome event was later documented by Truman Capote in his true crime novel, "In Cold Blood."
- On November 20th, 1820, the whaleship Essex was attacked and sunk by a sperm whale in the Pacific Ocean. This incident inspired Herman Melville's novel "Moby Dick."
- On November 26, 1941, President Franklin D. Roosevelt signed a bill that officially established the fourth Thursday in November as Thanksgiving Day, standardizing the date for the holiday.
- In 1972, Atari released the arcade game "Pong" on November 29th, a game often regarded as the first true arcade game and one that ushered in the golden era of arcade gaming in the 1980s.

BRADFORD MEMORIAL LIBRARY SERVICES

LARGE PRINT BOOKS

The Bradford Memorial Library brings in large print books for our members to check out. These books are kept in the office and are swapped out monthly, so there's always something new to read!



Can't Get Out of the House?

No problem! Butler County Library Outreach delivers books right to your door. If you're interested in receiving this service or know someone who would benefit, call Outreach at 316-321-3363 or email services@bradfordlibrary.info.

Issues with Your Eyesight?



El Dorado Senior Center presents TALKING BOOKS! This service, provided by the Library of Congress, National Library Service, and Kansas State Library, makes it possible for those with low vision or physical limitations to enjoy thousands of books and magazines for free!

Access Books Easily



- Use your phone, tablet, or computer to download audiobooks.
- Order books in braille.
- Get a FREE player to use at home with audiobooks mailed directly to you.

For more information or to start using Talking Books, call the ESC office at 316-321-0142 today!

SENIOR RESOURCES



MEDICARE OPEN ENROLLMENT

Medicare Open Enrollment **started October 15th** and runs through **December 7th**. Now is the time to review your coverage and see what plan will best fit your needs for the upcoming year. Andrea and Heather are available to meet with you and help explore your options, appointments are now being scheduled.

THRIVE SERVICES

Thrive is here to help you navigate online resources and complete forms for benefits such as Social Security, Medicare, the Healthcare Marketplace, insurance, Medicaid, food assistance, disability, LIEAP, and more. Their services are free and designed to help you find the resources that best fit your situation.

Please contact Andrea Campbell - 785-230-8809 or by email: andrea@thriveallencounty.org or Heather Patterson - 316-737-8170 or by email: heather@thriveallencounty.org to schedule an appointment. THRIVE KS, also has an office in the center for your needs!

FREE CLOTHING AND MORE!

In need of clothing or household items?

Family Worship Center offers free resources to those in need, no proof of income required.

Hours:

- Tuesdays: 9:00 AM - 2:00 PM
- 2nd Saturday of each month: 9:00 AM - 2:00 PM

Donations are accepted during open hours only. 701 S. Atchison.

KNOW OF OTHER RESOURCES AVAILABLE? LET THE OFFICE KNOW!

FOOT CARE BY CHERYL & BEN

We're excited to welcome Cheryl and Ben back to the Center to provide professional foot care services! **Sign-ups are now open in the office.**

Cheryl and Benjamin will be offering foot care on the third Tuesday of each month from **9:30 AM to 1:00 PM** on the following dates:

November 18, and December 16.

The cost of their services is **\$25** and can be paid by cash, check, or Venmo. Both Cheryl and Benjamin are licensed, insured, and bonded.

PREVENTING ELDER ABUSE

Elder abuse, neglect, and exploitation are serious issues that can affect anyone. It's crucial to address them promptly and compassionately.

If you or someone you know is experiencing any form of abuse, please reach out for help. Contact the Butler County Prevention of Elder Abuse at 1-800-922-5330. Your call will be confidential, and support is available.

FOOT CARE CLINIC BY HERMES HEALTHCARE



Hermes HealthCare offers a convenient Foot Care Clinic right here at the center! **To schedule an appointment for a pedicure, please call 316-260-4110.** These services are covered by Medicare.

DATES:

November 14 December 5

COMMODITIES DISTRIBUTION

We are pleased to announce the upcoming Commodities Distribution!

Distribution will take place on the **North Side** from **1 PM - 2 PM** on the following dates in 2025:

November 12

December 10

To submit an application for the Supplemental Food Program, please call the United Methodist Open Door Program office at **(316) 267-0511**.

Please pick up your commodities on the date to avoid any inconvenience.

CALL 316-321-0142
WITH QUESTIONS

EL DORADO SENIOR CENTER SUPPORT GROUPS

ALZHEIMER'S SUPPORT GROUP



A SAFE SPACE FOR
CAREGIVERS AND FAMILIES
TO SHARE, LEARN, AND
CONNECT WITH OTHERS ON
A SIMILAR JOURNEY. THIS
GROUP OFFERS EMOTIONAL
SUPPORT, PRACTICAL TIPS,
AND A SENSE OF
COMMUNITY.

3RD MONDAY
EACH MONTH
5:30 PM

GRIEF SUPPORT GROUP

OUR GROUP OFFERS
CONNECTION, COMFORT, AND
UNDERSTANDING.

A SAFE SPACE TO SHARE,
HEAL, AND NAVIGATE GRIEF
WITH OTHERS WHO TRULY
UNDERSTAND.

4TH WEDNESDAY
EACH MONTH
10:30 AM

OUR
GROUPS:

STRONGER
TOGETHER

ALL
GROUPS
MEET AT
210 EAST
2ND AVE.

CANCER SUPPORT GROUP

WHETHER YOU ARE
CURRENTLY UNDERGOING
TREATMENT, ARE A SURVIVOR,
OR ARE SUPPORTING A LOVED
ONE, YOU ARE WELCOME.

THIS GROUP OFFERS A SAFE
AND SUPPORTIVE
ENVIRONMENT TO TALK
OPENLY AND EXCHANGE
HELPFUL RESOURCES.

2ND WEDNESDAY
EACH MONTH
10:30 AM

HEALING STARTS WITH
A CONVERSATION.



Thanksgiving Day

Word Search

DIRECTIONS:
Find and circle the vocabulary words in the grid. Look for them in all directions including backwards and diagonally.

U	G	B	S	H	M	U	S	D	J	B	O	L	V	H	K	C	T	E
P	U	R	I	T	A	N	S	G	N	I	F	F	U	T	S	E	S	I
P	A	T	X	E	C	K	M	A	Y	F	L	O	W	E	R	G	E	P
E	I	H	H	R	I	M	I	Q	B	H	A	J	I	E	P	J	V	N
L	P	R	N	P	T	Y	E	Y	B	Y	N	V	O	J	Q	C	R	I
B	O	N	L	F	A	M	I	L	Y	H	I	F	X	K	J	O	A	K
B	C	V	D	G	N	I	V	I	G	S	K	N	A	H	T	L	H	P
O	U	S	L	U	H	W	O	D	T	I	F	C	B	S	T	O	P	M
G	N	B	R	L	G	K	O	B	D	D	B	M	Q	B	H	N	A	U
B	R	D	O	K	H	E	K	D	G	N	W	A	W	G	U	Y	I	P
T	O	L	W	A	A	Z	D	C	R	A	N	B	E	R	R	I	E	S
K	C	M	W	V	V	I	W	N	Z	T	R	Y	Z	A	S	E	Q	A
V	W	W	E	I	M	A	O	M	Y	S	E	E	W	V	D	U	W	Y
G	A	O	N	A	P	M	A	W	T	S	B	K	D	Y	A	L	W	O
O	O	S	M	I	R	G	L	I	P	E	M	R	O	S	Y	O	B	K
X	K	G	M	W	Z	O	F	A	L	L	E	U	H	Y	Y	J	I	J
U	Q	O	R	A	K	E	F	B	U	I	V	T	S	A	E	F	H	B
H	T	U	O	M	Y	L	P	P	X	M	O	R	C	D	B	Q	M	X
G	R	A	T	I	T	U	D	E	J	U	N	H	O	L	I	D	A	Y

- COLONY
- CORNUCOPIA
- CRANBERRIES
- FALL
- FAMILY
- FEAST
- GOBBLE
- GRATITUDE
- GRAVY
- HARVEST
- HOLIDAY
- MAIZE
- MAYFLOWER
- MILES STANDISH
- NEW WORLD
- NOVEMBER
- PILGRIMS
- PLYMOUTH
- PUMPKIN PIE
- PURITANS
- SQUASH
- STUFFING
- THANKSGIVING
- THURSDAY
- TURKEY
- WAMPANOAG
- YAMS



LEADERSHIP LENS: A NOTE FROM THE DIRECTOR

As the leaves fall and the air turns chilly, November reminds us to pause, reflect, and give thanks, and oh, do I ever have so much to be thankful for!

First and foremost, to our Veterans, thank you. Your courage, dedication, and sacrifice are the reasons we get to live freely and celebrate together in this wonderful community. You've given so much, and words never feel quite enough, but please know how deeply we appreciate you, not just this month, but every day of the year.

I also want to extend a heartfelt thank-you to those who imagined and helped bring our Veterans Recognition Wall to life. When the idea was first mentioned, I was honored to be trusted to "run with it," and what an amazing project it became! This display isn't just a wall, it's a living tribute, a collection of memories, and a symbol of love and pride that fills our Center with warmth. From the generous donors who made it possible, to the volunteers who carefully placed each photo, to the ones who hammered in every single one of those 200+ nails (and maybe muttered a few words under their breath along the way!), to the talented artist who created the military branch artwork, this was teamwork at its finest. True patriotism and community spirit in action. I am so proud to have been part of your vision and to see how beautifully it has come together.

And now, as we move into the season of Thanksgiving, I can't help but think about gratitude in all its forms. I often ask my kids what they're thankful for, and the answers never fail to make me smile, "my daddy, my mommy, my tablet, my dog, my stuffies..." (notice, never their siblings! Some things never change!). But their little answers always remind me to look deeper, to think beyond the obvious.

When I reflect on what I'm truly thankful for, my heart always comes back to all of you. I am thankful to be here, to serve you, laugh with you, listen to your stories, and learn from your wisdom. Some days aren't perfect (we all have our moments!), but even in the challenges, I find gratitude. This job has taught me more than any book or classroom ever could. From you, I've learned grace in difficult times, patience when things don't go as planned, courage in the face of heartache, and how to start over with hope and a smile. You've taught me when to stand strong, and when it's perfectly okay to dance in the storm.

This Thanksgiving, I am counting each of you among my blessings. You've shared your lives, your lessons, and your laughter with me, and I am forever grateful. Thank you for making this Center such a warm, welcoming place, and for making my role here one of the greatest joys of my life.

Your Director ❤️
See you at the center!